



MEDICAL BOARD OF CALIFORNIA

Executive Office



Wellness Committee

Mission and Role

Mission: To further the Board's consumer protection mission by encouraging and guiding licensees to promote a sound balance in their personal and professional lives so that healthy physicians offer quality care to their patients.

Role / Responsibility: To achieve the Board's mission of consumer protection, the Wellness Committee shall keep the Board, licensees, and health care administrators informed on the benefits of available activities and resources which renew and balance a physician's life; further, to help licensees and administrators acknowledge that when a physician's personal and professional lives are balanced on all levels (physical, emotional, psychological, and spiritual), excellent patient care outcomes are best achieved.

Means to Facilitate the Role / Responsibility: To help identify, assess, and address the constraints to well-being of physicians throughout California, both urban and rural, from the largest healthcare organizations to solo practitioners; to share information on available resources; and to make recommendations to and advise the Board.

(Approved January 2008)