## EXPERT REVIEWER GUIDELINES

### District Offices

<table>
<thead>
<tr>
<th>Location</th>
<th>Address</th>
<th>Contact Information</th>
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# TABLE OF CONTENTS

**Expert Reviewer Guidelines**

<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mission Statement</td>
<td>1</td>
</tr>
<tr>
<td>Introduction</td>
<td>1</td>
</tr>
<tr>
<td>Most Frequently Asked Questions</td>
<td>3</td>
</tr>
<tr>
<td>Investigations and the Disciplinary Process</td>
<td>6</td>
</tr>
<tr>
<td>Types of Evaluations</td>
<td>12</td>
</tr>
<tr>
<td>Instructions for Expert Reviewers</td>
<td>18</td>
</tr>
<tr>
<td>Task Order Form &amp; Expert Reviewer Checklist</td>
<td>21</td>
</tr>
<tr>
<td>The Opinion Itself (Report Format)</td>
<td>22</td>
</tr>
<tr>
<td>Sample Reports</td>
<td>29, 35, 39, 44, 49, 62</td>
</tr>
<tr>
<td>Compensation</td>
<td>77</td>
</tr>
</tbody>
</table>
The Medical Board of California

MISSION STATEMENT

The mission of the Medical Board of California is to protect healthcare consumers through the proper licensing and regulation of physicians and surgeons and certain allied healthcare professions and through the vigorous, objective enforcement of the Medical Practice Act, and, to promote access to quality medical care through the Board’s licensing and regulatory functions.

INTRODUCTION

The Medical Board of California (hereafter referred to as Board) is a state regulatory agency within the Department of Consumer Affairs.

The Board is responsible for investigations and discipline of physician licensees of the State of California. The primary purpose of the Board is to protect the public from incompetent, negligent, dishonest and/or impaired physicians. Your role as an objective expert reviewer is extremely important in identifying whether a departure from the accepted standard of care has occurred, thereby constituting unprofessional conduct. You will also be called to serve as an expert witness at any administrative hearing or criminal proceeding that may result from your expert opinion.

The purpose of this manual is to describe the administrative disciplinary process for physician misconduct and to define the Board’s expectations with respect to your review.

As an expert reviewer, you will be provided medical records and other information concerning an investigation. This may include reports which contain interviews of patients, subsequent treating physicians, other witnesses, and the physician who is the subject of the investigation. You will be asked, on the basis of your review of the documentation provided, to render your impartial opinion of the care provided by the subject physician.

Your objective opinion must be based solely upon the information provided to you by the Board; however, you may refer to peer review journal articles, medical texts and other authoritative reference materials which help to define the accepted standard of care. The opinion should be based upon your knowledge of the accepted standard of care, drawing from your education, training, experience and knowledge of the medical literature. Because of laws protecting confidentiality, you may not discuss the case with anyone other than staff of the Medical Board and the Office of the Attorney General. Please Note: While you may discuss the case with staff of the Medical Board, you may not discuss the case with any of the 15 Board Members,
as they need to remain impartial.

Submitting a case for expert review does not imply that there are departures from the standard of care. You will be provided with the medical issues to be addressed for each case. You will discuss the standard of care for each medical issue and articulate an analysis and explanation of your conclusions (either no departure, simple departure, extreme departure, and/or lack of knowledge). Feel free to address other medical issues that you come across during your review.

If you have prior knowledge of the subject physician/other parties involved or if you feel you cannot be objective in your review for any reason, please inform the MBC Investigator assigned to the case and do not accept the case for review. It is also very important to make sure that you have experience with the procedure or treatment at issue during the time frame of the alleged misconduct.

You will be required to testify in administrative hearings held before an administrative law judge for those cases that progress to a hearing. In these instances, you will be considered an expert witness and will be required to meet with the Deputy Attorney General, assigned to prosecute the case, prior to the hearing. The purpose of the meeting is to prepare you for the hearing.

The Medical Board of California greatly appreciates your willingness to serve as an expert reviewer. You play a vital role to the Board in its mission of public protection.
MOST FREQUENTLY ASKED QUESTIONS

❖ Will I have to testify?

If the case is submitted for disciplinary action, and no stipulated agreement is reached, you will be called upon to provide expert testimony. A stipulated agreement means that both parties have reached an agreement as to what discipline, if any, will be given in the matter. However, at present approximately 70% of cases are settled without a hearing.

❖ Can I be sued for expressing my opinion?

Civil Code §43.8 provides immunity from civil liability for expert reviewers. While in theory one could be sued for expressing an opinion as an expert reviewer, such lawsuits are exceedingly rare. In addition, the Attorney General’s office would defend such suits.

❖ Can I do some research?

Yes, you may consult peer-reviewed journal articles, medical texts and other authoritative reference materials which help define accepted standards. Please cite or identify any and all references used in your written opinion. It is important that you do not attempt to conduct your own investigation. You cannot contact or discuss the case with the patients, the subject physician, other physicians, Board members, or anyone else. You must scrupulously protect the confidentiality of the subject of the case, and the patients involved.

❖ What if I need additional information or clarification?

Contact the Medical Board Investigator assigned the case as soon as possible and request whatever additional information you need to complete your review. Do not contact any outside witnesses or sources.

❖ How soon do I need to complete the review and provide an opinion?

You are allowed 30 days. In a complicated case, involving multiple patients, your review could extend beyond our 30-day time frame, but no more than 60 days. Keep in mind that the physician under review will continue to see patients until a determination is made by the Board. If you feel this physician poses a danger to patients, it is vital that you inform Medical Board staff immediately, and provide your opinion expeditiously, in order to protect the public.

If you find your background is not suited to review a particular case, or other commitments preclude you from meeting the deadline, or, for any reason, you need to be excused from a case (e.g., to avoid potential conflict of interest) immediately notify the MBC Investigator assigned to the case.
❖ Who will see my report?

The subject physician will be provided with a copy of your report as part of legal discovery if an accusation is filed. **Please be aware that once a case proceeds to an administrative hearing or to a criminal proceeding, through legal discovery, your report may become public record.** Public disclosure of medical expert reports, however, rarely occurs.

Your report, without personal identifiers, may be shared with the subject as an educational tool in cases that do not proceed to formal discipline.

❖ Can you give me a copy of a sample report?

Yes, see pages 29-75

❖ What is the difference between a simple departure and an extreme departure from the standard of practice?

The “standard of care” (also referred to as the “standard of practice”) for general practitioners is defined as that level of skill, knowledge and care in diagnosis and treatment ordinarily possessed and exercised by other reasonably careful and prudent physicians in the same or similar circumstances at the time in question.

Specialists are held to the standard of skill, knowledge and care ordinarily possessed and exercised by other reasonably careful and prudent specialists in the same or similar circumstances at the time in question.

Negligence is the failure to use that level of skill, knowledge and care in diagnosis and treatment that other reasonably careful physicians would use in the same or similar circumstances. A negligent act is often referred to as a “simple departure” from the standard of care.

Gross negligence, on the other hand, is defined as “the want of even scant care” or “an extreme departure from the standard of care.” Gross negligence can be established under either definition, both are not required. The difference between gross negligence and ordinary negligence is the **degree** of departure from the standard of care.

Further information regarding simple vs. extreme departures is provided on pgs. 22-25.
What is incompetency?

Incompetency is generally defined as “an absence of qualification, ability or fitness to perform a prescribed duty or function.” (Pollack v. Kinder (1978) 85 Cal.App.3d 833, 837.) Do not use the term incompetence to describe a departure from the standard of practice, as the terms are not synonymous. Incompetence is synonymous with lack of knowledge. A physician may be competent to perform a duty but negligent in performing that duty.

How much will I be paid?

You will be compensated at the rate of $150.00 per hour for your evaluation and report. It is important that you advise the assigned investigator when you are approaching 10 hours of review. There are often complex, voluminous cases, that will require more than 10 hours for you to complete your review. In those situations, it is not a problem to approve the extra hours, however, it must be done prior to incurring additional hours and you must obtain approval from the investigator or district office supervisor. Should you be required to provide testimony at a hearing you will be compensated at the rate of $200.00 per hour for a maximum of 8 hours or $1600.00 per day.

How soon will I be paid?

Generally speaking, you should receive payment for your services within four to six weeks of submitting all required paperwork.
The Role of the Board in Physician Discipline

The Medical Board of California is responsible for investigating and bringing disciplinary action against the professional licenses of physicians and surgeons suspected of violations of the Medical Practice Act (Business and Professions Code §2000, et seq.).

The Board’s proceedings are conducted in accordance with the Administrative Procedure Act (Government Code §11150 et seq.). Its investigations and hearings are conducted pursuant to Government Code §11180 through §11191. Business and Professions Code §2001 establishes the Medical Board of California, which consists of 15 members, seven of whom are public members [non-physicians]. Business and Professions Code §2004 defines the duties of the Board, which include:

- The enforcement of the disciplinary and criminal provisions of the Medical Practice Act;
- The administration and hearing of disciplinary actions;
- Carrying out disciplinary actions appropriate to findings made by the division or administrative law judge;
- Suspending, revoking, or otherwise limiting certificates after disciplinary actions;
- Reviewing the quality of medical practice carried out by physician and surgeon certificate holders under the jurisdiction of the board.

The Board identifies and takes appropriate action against any licensee who is charged with unprofessional conduct.

Complaints against physicians

Business and Professions Code §109 and §325 require the Board to investigate complaints concerning its licensees.

Complaints come to the Board from many sources. Under Business and Professions Code §800 et seq., civil judgments, settlements or arbitration awards against a licensee must be reported to the Board by insurers; discipline by any professional peer review body (hospital, medical society, health care service plan) must be reported to the Board; coroners must report any deaths that may be due to gross negligence by a physician; district attorneys must report felony criminal filings...
against a physician; and courts must transmit felony preliminary hearing transcripts involving a licensee. Many complaints are filed by patients or by other licensees concerned about the care rendered by another physician for a patient or patients.

Featured:

Investigation of Complaints

Complaints regarding quality of care are received and reviewed in the Board’s Central Complaint Unit (CCU) in Sacramento by a medical consultant in the same specialty in which the subject was practicing. The CCU medical consultant determines whether the quality of care issues presented in the complaint and supporting documents warrant investigation. If the medical consultant determines the case merits investigation, it is sent to the appropriate district office of the Board.

Investigators, District Medical Consultants, Deputy Attorneys General, and Expert Reviewers

The following are summaries of the roles of the main participants in the process of investigating and prosecuting medical disciplinary cases.

The Role of the Investigator

Board investigators are peace officers, pursuant to California Penal Code Section 830.3, authorized to investigate complaints of alleged violations of law by obtaining facts, documents, and other evidence. Investigators obtain information by interviewing complainants, witnesses, and licensed health care professionals. They obtain documentation, such as medical records, witness statements, court documents, and prescriptions. They serve investigational subpoenas and search warrants to obtain evidence. In criminal cases, investigators can secure an arrest warrant. All of the information is memorialized in an investigation report.

Investigators work closely with the District Medical Consultants (DMC) and Deputy Attorneys General (DAG) in reviewing case materials and determining what additional records or information is needed and whether an expert review is necessary. Once an expert reviewer is selected the assigned investigator is the contact person for the expert. The investigator tracks cases sent out for review to ensure they are completed within the standard 30-day time limit. If a report is not received within that time, the investigator contacts the expert reviewer to determine the reason for delay.

If a violation is confirmed, the matter is referred to the Office of the Attorney General. A request is made by the Board to initiate an administrative action against the license. Investigators may also present certain confirmed violations to a District Attorney/City Attorney if there is sufficient evidence of criminal violations.
If the case is referred for either administrative or criminal action, the investigator submits an investigation report with all evidence, including the expert report. If an administrative hearing or a criminal trial is conducted, the investigator works with the DAG and/or Deputy District Attorney (DDA). This includes case preparation, additional investigation if needed and working with the DMC to secure additional expert reviews, if needed.

**The Role of the District Medical Consultant (DMC)**

The DMC assists investigators with the case investigation. This includes review of the complaint, medical and pharmacy records, insurance and billing records, and other documents in the case file where medical knowledge is needed. They also participate with the investigator and assigned DAG in interviews with subject physicians.

The DMC, investigator, and DAG determine whether the case should be sent for expert review. After all the evidence has been obtained, including the subject interview, the DMC prepares a memorandum identifying medical issues for expert comment. The DMC identifies expert reviewers in the appropriate specialty and geographic area from the Board’s database, and they or the assigned investigator will contact the expert to arrange for review of the case.

The DMC reviews the report prepared by the expert reviewer. When appropriate, he or she provides feedback to the reviewer to assist in future case reviews and reports. The DMC also prepares an evaluation of the performance of the expert reviewer when the case is completed.

The DMC sets up professional competency examinations pursuant to a petition to compel a professional competency examination, or pursuant to a disciplinary order adopted by the Board. He or she may call upon an appropriate medical expert reviewer to participate in the examination, and to collaborate with other examiners in developing appropriate oral questions.

In some cases, the Board may order a physician to undergo either a physical or a psychiatric examination by an expert reviewer. The DMC may contact you and ask you to perform such an examination and prepare a report.

**The Role of the Deputy Attorney General (DAG)**

During the course of an investigation, Health Quality Enforcement (HQE) DAGs work closely with investigators and provide direction and legal advice in the accumulation of evidence necessary to advise the Board on legal matters such as whether a formal accusation should be filed against a licensee, a complaint should be closed for lack of evidence, or whether other appropriate action should be taken. HQE DAGs also seek and obtain temporary license suspension orders whenever a
licensee’s continued practice of medicine, in light of the alleged violation(s) of law, will endanger the public health, safety or welfare.

HQE DAGs carefully review evidence obtained during the investigation to determine whether it is sufficient to establish that a violation of law has occurred. This review includes a careful assessment of witness statements, medical records, and expert reviewer reports. In quality-of-care cases, DAGs sometimes contact the expert reviewer to discuss the technical medical issues addressed in the expert reviewer’s report. Such contacts, which are generally conducted by telephone, are extremely important in helping the DAG understand the often complex medical issues and clarify any possible ambiguity in the expert reviewer’s report.

Where warranted by the evidence, an accusation (formal statement of charges) is filed against the physician. Most physicians request a hearing on the charges filed against them and, in those cases, a hearing is scheduled with the Office of Administrative Hearings. The vast majority of these disciplinary cases are settled prior to the hearing with a stipulated agreement. Obviously, where a case is settled, expert reviewer involvement will be minimal. However, in those cases that do not settle and, instead, go forward to a full hearing, expert involvement will be critical to the successful prosecution of the case.

Typically, once a hearing has been scheduled with the Office of Administrative Hearings, the DAG will contact the expert to confirm availability for the hearing dates set in the case. As a general rule, expert testimony at the hearing will be required on one day only. However, in some instances, the expert may be called back to testify a second time in the same case as a rebuttal witness in order to rebut testimony offered by the licensee and/or his/her own expert witness(es).

Defense counsel often submits defense expert reports. The DAG, in turn, will often forward those defense expert reports to you for consideration and, most importantly, to determine whether the opinions expressed by defense experts in any way changes your original expert opinion(s) given in the case.

In preparation for an upcoming hearing, the DAG will often contact the expert reviewer in order to schedule a face-to-face meeting to review the evidence in the case, the expert report, and opinions, as well as any possible defenses in the case. At the hearing, it is extremely important that the often complex medical issues be presented in terms that are clear, concise and readily understandable to the Administrative Law Judge assigned to hear the case, as the ALJ is not a medical professional.

In most instances, expert testimony at the administrative hearing will end the expert’s involvement in the case. Following issuance of a final decision by the Medical Board, HQE DAGs will defend those decisions at both the superior court and appellate level. However, appeals are based on the record of the administrative
hearing, including the transcripts and exhibits or other evidence. Witnesses are not called to testify in those proceedings.

The Role of the Expert Reviewer

The expert reviewer plays a crucial part in the investigation process by providing an objective, reasoned, and impartial evaluation of the case. They are neither an advocate for the Board nor an advocate for the physician. Rather, the review is concerned primarily with whether there is a departure from the accepted standard of practice.

An expert reviewer is expected to safeguard both the confidentiality of the records, the identities of the patients, complainants and physicians involved. The expert reviewer is obligated not to divulge any information contained in the relevant medical records and investigations materials that are provided for review to other parties, at any time. Once the report is written, all case material must be returned to the Medical Board. The obligation to preserve confidentiality also extends to any assistant whom the physician may have utilized in the preparation of the report.

An important caveat regarding confidentiality relates to contacts from an attorney representing the subject physician or members of the media. At no time should a case be discussed, nor should any sort of acknowledgment be given that the case has been or is currently being investigated and/or reviewed. DO NOT agree to testify, on behalf of the complainant, in a civil matter regarding the review of the case. Any contact made by the media should be reported and referred to the Medical Board’s Public Information Officer at (916) 263-2389.

The Medical Board of California Expert Reviewer Program keeps the reports written by the experts confidential to the greatest extent allowable under law.

If a case is set for hearing, the expert reviewer is expected to testify, and in preparation for this testimony, meet with the DAG assigned to prosecute the case. The expert reviewer educates the DAG regarding the details of the medical opinion and assists in the presentation of that opinion in the clearest and most concise testimony possible. The expert reviewer may also be asked to assist in reviewing the opinions of the opposing experts and help prepare cross examination questions regarding their opinions. The DAG will explain the procedures and protocols for testifying.

The expert reviewer is reimbursed by the Board for time spent preparing for hearing, meeting with the DAG, and reviewing additional documents. An additional Expert Statement of Services (pink billing form) will be submitted for the additional hours. The investigator is the liaison for coordinating any reimbursements, including travel arrangements which may be required (hotel/airfare) and will be able to explain the state reimbursement rates for per diem. Please do not make flight or
hotel reservations without first speaking with the assigned MBC Investigator.

Civil Code §43.8 provides for immunity from civil liability for expert reviewers and expert witnesses acting within the scope of their duties in evaluating and testifying in cases before the Board. Should any problems arise in this area, the designated Board representative should be contacted immediately.

In the event an Expert Reviewer Program Participant, acting on the Board’s behalf, is named as a defendant in a lawsuit, Business and Professions Code §2317 provides for the defense of the expert by the Office of the Attorney General.
TYPES OF EVALUATIONS

There are many possible violations of the Medical Practice Act, therefore evaluations of cases vary with the subject matter of the possible unprofessional conduct. Listed below are the types of cases an expert may be asked to review.

■ Quality-of-Care

These cases involve the quality of medical care rendered to a patient or patients. Under the Medical Practice Act, it is unprofessional conduct for a physician to commit repeated negligent acts, gross negligence or incompetence in the practice of medicine. In quality-of-care cases, the question presented is whether the physician’s diagnosis and treatment of his/her patient constitutes: (1) no departure from the standard of care; (2) simple departure; (3) extreme departure; and/or (4) lack of knowledge. When conducting your review, it is vital you understand the different definitions for each of these terms.

■ Sexual Misconduct

In evaluating allegations of sexual misconduct you are to assume the allegations are true. You are not being asked to evaluate or comment on the credibility of the alleged victim or whether the alleged misconduct actually occurred. A determination as to whether the alleged misconduct can be proven will be made by the Attorney General when the investigation is reviewed or by the trier of fact at the hearing.

If the issue involves a patient’s account of what they feel to be an inappropriate exam, please make sure to describe in detail in your standard of care section, what the appropriate physical exam should have entailed. Then comment on what the patient described and whether or not the exam itself met the standard of care.

In reviewing allegations regarding sexual misconduct, if you discover other areas of departures dealing with the medical care provided, please address those issues in your opinion as well.

Under present law regulating physicians, any act of sexual abuse, misconduct or relations with a patient, client, or customer constitutes unprofessional conduct and grounds for discipline. This does not apply to sexual contact between a physician and his or her spouse or a person in an equivalent domestic relationship when the physician provides medical treatment, other than psychotherapeutic treatment, to that person (Business and Professions Code §726).

Any physician and surgeon, psychotherapist, alcohol and drug abuse counselor or any person holding himself or herself out to be one, who engages in an act of sexual intercourse, sodomy, oral copulation, or sexual contact with a patient or client, or with a former patient or client when the relationship was terminated primarily for the
purpose of engaging in those acts, unless the physician and surgeon, psychotherapist, or alcohol and drug counselor has referred the patient or client to an independent and objective physician and surgeon, psychotherapist, or alcohol and drug abuse counselor recommended by a third party physician and surgeon, psychotherapist, or alcohol and drug abuse counselor for treatment, is guilty of sexual exploitation (Business and Professions Code §729).

It is important in these cases to address whether or not the referral to another physician was done by an objective third party, not the subject physician.

Allegations are sometimes made that a physician has engaged in some form of sexual touching or contact with nursing staff, other physicians or some other subordinate staff person that may appear to be some form of sexual harassment. The conduct could also include verbal comments of a sexual nature or that conveys a sexual innuendo. In cases like this you are to assess whether the alleged conduct by the physician constitutes unprofessional conduct (Business and Professions Code §2234). Again, in making this assessment you are to assume the truth of the allegations.

**Drug Violations**

Expert reviewers review a variety of drug violation cases. These drug violation cases fall into two basic categories: excessive prescribing or treatment (as defined in Business and Professions Code §725) and prescribing without medical indication (Business and Professions Code §2241 and §2242).

**Excessive Prescribing** under Business and Professions Code §725, often involves controlled substances. Generally, the assessment as to whether prescribing for a particular patient was excessive involves the nature of the medical complaint and the amount and frequency of the prescription of drugs. This can be a single drug, a class of drugs (such as opiates or amphetamines), or a pattern of prescribing large amounts of drugs without justification. An action under this section also can be sustained if the drug itself is not being given in excessive amounts, by ordinary standards, but is being knowingly given in excessive amounts for a given patient’s condition. For instance, repeatedly prescribing a drug in the same amounts for a patient who has repeatedly attempted suicide using that drug constitutes excessive prescribing (among other potential violations, e.g., extreme departure from the standard of practice).
Prescribing controlled substances to a known addict for nonmedical purposes is illegal under Business and Professions Code §2241. Several provisions of the Health and Safety Code prohibit prescribing controlled substances to a known addict or a representative of an addict. In general terms, controlled substances can be provided to addicts only in certain facilities such as prisons and state hospitals, or in licensed clinics established for the treatment of drug addiction. Even in those facilities, the controlled substances must be administered directly to the patient, not prescribed or dispensed for future use. For additional information, see Health and Safety Code §11156, §11210, §11215 and §11217.

Prescribing without Medical Indication, under Business and Professions Code §2242 indicates that it is unprofessional conduct to prescribe, dispense, or furnish dangerous drugs (prescription medications, including controlled substances) “without an appropriate prior examination and medical indication.” This covers the situation where a physician simply prescribes a medication, usually a controlled substance, without any underlying pathology indicating a need for that medication. This also addresses the situation where a physician, knowing that a patient is addicted to a dangerous drug, continues to prescribe that drug. Needless to say, there are many instances where prescribing without medical indication and excessive prescribing overlap. In addition, there are instances in which excessive prescribing of drugs or prescribing drugs without medical indication also constitutes an extreme departure, repeated departures from the standard of care, or lack of knowledge or skill, depending upon the evidence presented.

There is an exception for the prescribing of large amounts of controlled substances for documented cases of intractable, nonmalignant pain. In these cases, expert reviewers who are board-certified in the area of pain management are required.

Intractable Pain Treatment Act under Business and Professions Code §2241.5 provides that a physician may prescribe or administer controlled substances to a person in the course of treatment for intractable pain. This refers to a patient with documented chronic, non-cancer pain, that cannot be alleviated with conventional treatment. The patient must be evaluated by the treating physician and a specialist in the area deemed to be the source of the pain. However, the physician cannot prescribe or administer controlled substances in the treatment of known addicts, treatment that is non-therapeutic in nature, or treatment that is not consistent with public health and welfare. He or she cannot violate the drug statutes governing the prescription of controlled substances and their documentation. The expert reviewer in a case in which it is claimed that controlled substances were administered for intractable pain will be called upon to determine the reasonableness of the diagnosis of intractable pain and the compliance with the accepted standard of practice for the treatment of such pain.
When the Medical Board requests an expert opinion in a pain management case, the investigator shall provide the selected expert reviewers with the case documents to be reviewed, and provide a copy of the following:

- Business & Professions Code Section 2190.5 (Mandatory Continuing Education Classes in Pain Management and Treatment; Exemptions)

- Business & Professions Code Section 2241.5 (Intractable Pain Treatment Act)

- Health & Safety Code Section 11159.2 (Treatment of Terminally Ill Patient with Schedule II Controlled Substances For Pain Relief; Prescription Requirements; Technical Errors in Certification)

- Health & Safety Code Section 124961 (Pain Patient’s Bill of Rights)


**Guidelines for Prescribing Controlled Substances for Pain (Pain Management Guidelines)**

It is imperative that when reviewing cases involving pain management, your opinion addresses the specific points of the Board’s Pain Management Guidelines:

- **History/Physical Examination**
  
  A medical history and physical examination must be accomplished. This includes an assessment of the pain, physical and psychological function; a substance abuse history; history of prior pain treatment; an assessment of underlying or coexisting diseases or conditions; and documentation of the presence of a recognized medical indication for the use of a controlled substance.

- **Treatment Plan, Objectives**
  
  The treatment plan should state objectives by which the treatment plan can be evaluated, such as pain relief and/or improved physical and psychosocial function, and indicate if any further diagnostic evaluations or other treatments are planned. The physician and surgeon should tailor pharmacological therapy to the individual medical needs of each patient. Multiple treatment modalities and/or a rehabilitation program may be necessary if the pain is complex or is associated with physical and psychosocial impairment.

- **Informed Consent**
  
  The physician and surgeon should discuss the risks and benefits of the use of
controlled substances and other treatment modalities with the patient, caregiver or guardian.

**Periodic Review**

The physician and surgeon should periodically review the course of pain treatment of the patient and any new information about the etiology of the pain or the patient’s state of health. Continuation or modification of controlled substances for pain management therapy depends on the physician’s evaluation of progress toward treatment objectives. If the patient’s progress is unsatisfactory, the physician and surgeon should assess the appropriateness of continued use of the current treatment plan and consider the use of other therapeutic modalities.

**Consultation**

The physician and surgeon should consider referring the patient as necessary for additional evaluation and treatment in order to achieve treatment objectives. Complex pain problems may require consultation with a pain management specialist.

In addition, physicians should give special attention to those pain patients who are at risk for misusing their medications including those whose living arrangements pose a risk for medication misuse or diversion. The management of pain in patients with a history of substance abuse requires extra care, monitoring, documentation, and consultation with addiction medicine specialists, and may entail the use of agreements between the provider and the patient that specify the rules for medication use and consequences for misuse.

**Records**

The physician and surgeon should keep accurate and complete records according to items above, including the medical history and physical examination, other evaluations and consultations, treatment plan objectives, informed consent, treatments, medications, rationale for changes in the treatment plan or medications, agreements with the patient, and periodic reviews of the treatment plan.

**Compliance with Controlled Substances Laws and Regulations**

To prescribe controlled substances, the physician and surgeon must be appropriately licensed in California, have a valid controlled substances registration and comply with federal and state regulations for issuing controlled substances prescriptions. Physicians and surgeons are referred to the Physicians Manual of the U.S. Drug Enforcement Administration and the Medical Board’s Guidebook to Laws Governing the Practice of Medicine by Physicians
and Surgeons for specific rules governing issuance of controlled substances prescriptions.

In rare instances you may be asked to review cases in which there has been an allegation that the physician has failed to prescribe adequate doses of pain medication to address the condition of the patient.

There are also other violations that involve drugs. Examples of these types of violations are:

- Criminal conviction for a drug violation (Business and Professions Code §2237);
- Violation of Drug Statutes (Business and Professions Code §2238);
- Excessive use of Drugs or Alcohol (Business and Professions Code §2239);
- Intoxication While Treating Patients (Business and Professions Code §2280).

**Excessive Treatment Violations**

Business and Professions Code §725 states it is unprofessional conduct for a physician to engage in repeated acts of clearly excessive prescribing or administering of treatment, repeated acts of clearly excessive use of diagnostic procedures, or repeated acts of clearly excessive use of diagnostic or treatment facilities. In this type of case, you are asked to state the accepted standard of practice concerning the number of physician visits necessary to treat a certain condition, the type and extent of diagnostic procedures necessary to diagnose the condition, or the type and extent of medical laboratory tests necessary to diagnose or treat a given medical condition. Then, you are asked to determine whether the subject physician repeatedly violated these standards.

**General Unprofessional Conduct**

Business and Professions Code §2234 states that a physician may be disciplined for unprofessional conduct, which is defined as such in the Medical Practice Act. Any unprofessional conduct which is not specifically set forth as such in the Medical Practice Act or other statutes covering the practice of medicine is referred to as “general unprofessional conduct.” This kind of violation usually entails ethical violations such as dual relationships with patients, threatening a witness in a case, or other conduct which is prohibited by the general rules of ethics of physicians.

In a case involving ethical violations, you are asked to set forth the standard of conduct for a physician in the circumstances described, along with the underlying ethical code at the time of the act(s) in question. You are asked to describe the manner in which the subject physician violated that standard.
Instructions for Completing your Expert Review

Thank you for providing such a valuable service to the Medical Board of California and health care consumers. As an expert reviewer, you play a vital role in protecting patients from substandard care and/or unprofessional conduct, by ensuring an objective standard of review for physicians under investigation. The following is a brief guide to walk you through the process of reviewing a case and preparing your expert report. Please refer to the expert guidelines for a comprehensive explanation of the expert review process.

Before You Get Started

You should have already had a conversation with a District Medical Consultant and/or an Investigator to discuss your area of specialty, and to ensure you will be a good match to perform the review.

As soon you receive the case binders, please assess the case to determine if your training and clinical experience qualify you to provide an expert opinion. It is very important that you have had significant experience with the procedure or medical issue during the exact time period in question. The standard of care may change over time as new methods and research are developed. Please contact the assigned investigator immediately if you have not had experience actually treating the condition or performing the procedure. The Board has many cases to be reviewed so there will be future opportunities for you to perform this valuable service.

Please also determine if there is any reason you cannot provide an objective opinion because of a professional, business, and/or personal relationship with the subject physician or any witness in the case. If you know the subject physician and/or any witnesses in the case, please immediately contact the assigned investigator and advise them of the nature of your relationship. You will be advised whether or not you should continue with the review.
Reviewing the Case

When you start to review the case, make sure you received everything listed on the investigator’s cover letter. Audio recordings of subject interviews should be included, as well as any x-rays, ultrasounds, or other diagnostic tests. As you complete your review, if you find you are missing information vital to forming your opinion (missing medical records, illegible records, information from witnesses, medical records from another provider) contact the assigned investigator immediately and request the information needed. Please do not complete your report until the missing information is received. Preparing a report when information is missing will require you to complete an addendum report after the necessary information is obtained. This can be extremely detrimental to the case.

It is important that you listen to the recording of the physician interview, and not rely on the summary of the interview prepared by the investigator or rely exclusively on the transcript of the interview, if one exists.

Do not remove any pages from or make any marks on the records provided to you. Ensure that records, reports and materials (including any audio recordings), provided for your review are kept confidential and secure. Track dates and hours spent reviewing.

Do not attempt to contact any witnesses yourself. Keep all materials confidential and do not discuss the case with anyone other than Board staff. If you find potential problems with the care other medical providers have given, call the assigned investigator and let them know your concerns. Do not include that information in your report. Another case can be opened on the provider you have identified.

You are authorized 10 hours at the beginning of your review, however, if you need more time, contact the assigned investigator. The important thing is to obtain authorization for more hours before you complete them. Additional hours need to be approved in advance in order to avoid a delay in reimbursement.
Preparing your Report

Your expert report is the most important aspect of your review. Your report will be reviewed by the Investigator and Deputy Attorney General assigned to the case to determine how the case will proceed. It is imperative that you strictly adhere to the provided report format. The following expert report format was designed to limit the need for addenda and provide an easy template for you to follow in preparing your report.

The Board is doing everything possible to prevent the need for an addendum. Expert addenda often detract from an expert’s credibility. The only exception would be if the Board sent you materials at a later time to review and wanted you to prepare a brief addendum stating whether or not the additional materials change your original opinion. An example of this might be expert depositions that were not originally sent to you so that your opinion would not be biased.

Your expert report should be typed using an easily readable type style and, at least 12 (standard) font and submitted on your office letterhead. The pages should be numbered and it should be signed and dated on the last page. Review your report against the samples provided. Make sure you followed the correct format and included all the headings and sections required.

It is important to note that there is no such thing as a “draft report.” Do not e-mail or fax draft reports. It is important to proofread your report prior to submission. If you have any questions about the preparation of your report, please call the assigned investigator.

Please complete the Task Order/Expert Reviewer Checklist for each service you perform for the Board and submit the completed form with your statement of services (see following page for sample form). The completed Task Order form is a supporting document to your statement of services (bill). The Expert Reviewer Checklist section will assist you in confirming that all the necessary requirements of the expert report have been met.
### TASK ORDER

I, __________________________, (hereinafter “Contractor”) enter into this Task Order, according to the terms and conditions of the said contract.

1. **TASK(S):** Check each box that applies.
   - [ ] The preparation of expert opinions on enforcement related matters, including technical subject matters, professional standards and any deviations therefrom, the quality and completeness of evidentiary material, and assistance in all phases of the judicial and administrative process including hearings and appeals, if required.
   - [ ] The evaluation of the mental or physical health of a licensee or an applicant for licensure.
   
   Provide description of the task(s) to be performed (if other than the above):

   ____________________________________________________________

   ____________________________________________________________

2. **CASE(S) COMPLETION DATE:** ____________________________

3. **TOTAL NUMBER OF ALLOCABLE HOURS SHALL NOT EXCEED:** ______________________

4. **AUTHORIZATION FOR PAYMENT:** My services will be billed
   - [ ] at a rate of $150 per hour
   - [ ] other: Mental and/or physical examination rate is a pre-approved usual and customary fee; testimony at hearing is $200.00 per hour up to $1600 per day; travel time at a rate of $75 per hour plus applicable travel expenses

   I understand that the Agency will allocate an approximate number of hours for each task or service to be provided under this Contract. If I need to exceed those hours, I agree to contact __________________ (Investigator) of the Agency in advance for authorization. I further understand and acknowledge that I will not be compensated for work performed without specific prior written authorization from the Agency.

5. **AGENCY [ ] AUTHORIZES / [ ] DOES NOT AUTHORIZE TRAVEL AND/OR PER DIEM FOR THE TASK(S) SPECIFIED IN SECTION #1.**

### EXPERT REVIEWER CHECKLIST

- [ ] I have reviewed all the materials provided to me, including the audio tape or CD of the physician interview.
- [ ] I have followed the format for the expert report by identifying a list of medical issues, and for each issue, I have included a standard of care, analysis, and conclusion section.
- [ ] In my conclusion section, I have only used the correct terms of no departure, simple departure, extreme departure, and/or lack of knowledge.
- [ ] I have submitted my expert report on my letterhead; it is dated, paginated, proof read, and includes my signature.
- [ ] I have included a current copy of my curriculum vitae.
- [ ] I have included my completed Expert Statement of Services Form (ER-8 pink) and have attached the necessary receipts for items such as transcription costs.

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**Medical Board of California/ Expert Reviewer Guidelines/ Task Order and Expert Reviewer Checklist (rev. January, 2013)***
THE OPINION ITSELF

There are Model Expert Opinions appended to these guidelines. Please refer to those when writing your opinion, but remember they are only examples.

- Contents - your expert opinion should contain the following headings:

  - Materials Reviewed
    - List all attachments and property items given to you for review.
    - Listen to the audio recordings (of interview) provided to you before reaching an opinion or finalizing your report.

  - Summary of Case
    - Do not rely on the medical consultant’s summary, you must create your own summary from the materials provided to you.
    - Describe the treatment history of the patient with the subject practitioner. When did he/she start seeing the doctor, what for, what symptoms were being treated, and how.
    - When referring in your report to a specific document/medical record in the materials provided to you, identify it in parenthesis; i.e. “Chest x-rays disclosed a 7mm coin lesion of the right lung (Attachment 4, page 9).”

  - Medical Issues Identified
    - Address all medical issues identified by the Central Complaint Unit (CCU) Medical Consultant and/or the District Office Medical Consultant (DMC). Also discuss any other medical issues that you have identified.
    - Number the medical issues. The medical issues will be broken down and discussed further in your opinion.

  - Standard of Care
    - For each medical issue identified you will have a sub-heading of “Standard of Care.” Provide a detailed description of the standard of care for each medical issue. Be careful not to substitute your own practices (which may be above and beyond the standard) for the standard of care.
    - The standard of care is the level of skill, knowledge and care in diagnosis and treatment ordinarily possessed and exercised by other reasonably careful and prudent physicians in the same or similar circumstances at the time in question.
It is also important to note that you are examining the practitioner’s acts based on the standards in place at the time of the acts or treatment, not by today’s standards. The standard of care can change in specialty practice and you have to articulate what the standard was at the time of the alleged conduct.

**Analysis**

For each medical issue identified you will have a sub-heading of “Analysis.” This will directly follow the standard of care section for the medical issue.

Here you will apply the facts of the case to the standard of practice. You will describe what the subject physician did or did not do relating to the standard of care. Refer to page numbers of the medical records in parenthesis as you go. This is helpful not only to those reading your opinion, but also if you are needed to testify at an administrative hearing. Having page numbers identified makes it easy for you to refresh your recollection of the case and to be able to explain your conclusions.

**Conclusion**

For each medical issue identified you will have a sub-heading of “Conclusion.” This will directly follow the analysis section.

Describe the departures from the standard of care. You must only use the following terminologies: no departure, simple departure, extreme departure, and/or lack of knowledge.

Once the decision has been made that there was a departure from the standard of care, you must identify the departure as simple or extreme. When making the decision to classify the departure, consider the following:

“Negligence and gross negligence are relative terms. ‘The amount of care demanded by the standard of reasonable conduct must be in proportion to the apparent risk. As the danger becomes greater, the actor is required to exercise caution commensurate with it.’ ” (Gore v. Board of Medical Quality Assurance (1980) 110 Cal. App. 3d 184,198, citing Prosser, Law of Torts (4th ed. 1971) at p.180.)
Negligence is the failure to use that level of skill, knowledge and care in diagnosis and treatment that other reasonably careful physicians would use in the same or similar circumstances. A negligent act is often referred to as a “simple departure” from the standard of care.

Gross negligence, on the other hand, is defined as “the want of even scant care” or “an extreme departure from the standard of care.” Gross negligence can be established under either definition, both are not required.

A word about words: the terms Negligence and Gross Negligence are legal conclusions, therefore the reason we ask you not to use them is because it would be analogous to rendering a legal conclusion versus a medical opinion.

In medicine, standards of care (also referred to as “standards of practice”), whether established by law or the medical community, are designed to protect patients from the risk of harm. The standard of care for general practitioners is defined as that level of skill, knowledge, and care in diagnosis and treatment ordinarily possessed and exercised by other reasonably careful and prudent physicians in the same or similar circumstances at the time in question. Specialists are held to the standard of skill, knowledge and care ordinarily possessed and exercised by other reasonably careful and prudent specialists in the same or similar circumstances at the time in question.

A physician’s departure from the applicable standard of care is either negligence or gross negligence. **When determining whether a departure is a simple departure (negligence) or an extreme departure (gross negligence), the determining factor is the degree of departure from the applicable standard of care.**

Where, for example, the standard of care in the medical community requires a physician to take several steps in the detection, diagnosis and treatment of a patient presenting with possible breast cancer (e.g., complete history and physical, breast examination, mammogram, biopsy, surgical oncology consultation, all on a timely basis), a departure from that standard would, depending on the degree, constitute either a simple departure or an extreme departure from the standard of care.

Likewise, under section 2266 of the Medical Practice Act, “[t]he failure of a physician and surgeon to maintain adequate and accurate records relating to the provision of services to their patients constitutes unprofessional conduct.” Here, the standard of practice applicable to medical records has been established by law. A physician’s failure to maintain adequate and accurate medical records would (in addition to being a violation of section 2266) be a departure from this legislatively-created standard of practice and, depending on the degree (e.g., partially illegible records, missing information, no records at all), constitute either a simple departure (negligence) or extreme departure (gross negligence).

If there are multiple negligent acts, it is important to explain whether they are related acts or, alternatively, separate and distinct acts. For example, an initial negligent diagnosis (e.g., failing to correctly diagnose a broken bone) followed by an act or omission medically appropriate for that negligent diagnosis (e.g., failing to place the
patient in a cast) constitutes a single simple departure. However, if a physician failed to order appropriate lab tests on three separate occasions when they should have been ordered, each of those failures is a separate and distinct simple departure because, on each visit, the physician had an opportunity to treat the patient in accordance with the standard of care. Keep in mind that there may also be situations where on the same treatment visit, there may be multiple, separate and distinct simple departures from the standard of care.

When determining whether a failure to practice in accordance with the standard of care constitutes either a simple or extreme departure, do not consider patient outcome. Rather, focus on how, why and the degree the care provided, or not provided, to the patient deviated from the standard of care, regardless of whether ultimately there was injury or death to the patient. Some cases with significant patient injury or death may involve only simple departures from the standard of care, while other cases where the patient suffered no harm or injury at all may involve extreme departures from the standard of care.

- Be sure to explain why the care provided, or not provided, to the patient is a departure from the standard of care. For example, do not just state your conclusion that the physician’s care was a simple or extreme departure from the standard of care. State why and be specific. Your conclusion might be the doctor failed to order follow up laboratory tests and that is a ______ departure from the standard of care.

- Ambiguous terms, such as a “severe” or “significant” departure from the standard of care, may not be used. The terminology must be either simple or extreme departure from the standard of care.

- Each medical issue might have multiple areas to be discussed. Be sure to state your conclusions for each.

- Incompetence is generally defined as an absence of qualification, ability or fitness to perform a prescribed duty or function. Remember that the terms simple departure, extreme departure and lack of knowledge are not synonymous. Rather, a physician may possess the knowledge and ability to perform a given duty but exhibit a simple or extreme departure from the standard of care in performing that duty.
## Terminology

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<thead>
<tr>
<th>Terms to Use</th>
<th>Terms NOT to Use</th>
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<tbody>
<tr>
<td>No departure</td>
<td>No Violation</td>
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<tr>
<td>Simple departure</td>
<td>Simple Negligence</td>
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<td></td>
<td>Ordinary Negligence</td>
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<td>Minor Violation</td>
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<td>Extreme departure</td>
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<td>Lack of knowledge</td>
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### Multiple Patients

When reviewing a case involving more than one patient, summarize the care provided, state the standard of care that applies, analyze whether the care provided represents a departure from the standard of care, and set forth your conclusion(s) for each patient independently.

If you receive multiple cases on the same subject physician but they have different case numbers, prepare a separate report for each case number, do not combine them in one report.

### Objectivity

It is critical to the integrity of due process that you conduct your review and prepare your report with objectivity. Remember that you are neither an advocate for the Board nor for the physician. Do not make judgments or subjective comments. View the assigned case without regard to any other legal activity which may surround it. Specifically, you should ignore the existence, nonexistence or magnitude of any civil judgments or settlements involving the case. Since you may not be reviewing the same documents which were used to support or refute a civil case, you should not consider any past adjudicatory history. As the expert reviewer, you should focus on the medical and other case records, not on the reports, depositions or testimony of other expert witnesses.
Effect of Mitigation

In writing your opinion, you are asked to summarize the treatment rendered and the findings of the subject physician. There may have been factors in the case that prevented treatment consistent with the accepted standard of practice. If so, identify those factors. Please remember that it is your obligation to state the standard of practice and any departure from it.

Mitigation is defined as an abatement or diminution of penalty or punishment imposed by law. Although there are instances where mitigating circumstances are relevant to the imposition of any penalty, those factors will be considered by the trier of fact (the ALJ). Therefore, you are asked to refrain from commenting whether the subject physician should or should not be punished because of certain mitigating or aggravating factors. Clearly state in your opinion what the mitigating or aggravating factors involved in the case are. Do not state an opinion as to the degree the circumstances should affect the discipline imposed. The actual discipline to be imposed on the physician is the province of the trier of fact, and you are not expected to prescribe or recommend any discipline in the case.

Injury Is Not Essential

The focus of an expert review is on whether there has been a departure from the accepted standard of practice, not whether the patient has been injured. Although the potential for injury exists due to the departure from the standard of practice, and the degree of that departure, actual injury is not required to establish a violation of the Medical Practice Act. Patient outcome is not to be considered when determining whether the departure is simple or extreme.

Physician Responsibility

During the course of a review, you may have to determine the level of responsibility of a supervising physician. The attending physician is ultimately responsible for the care provided to the patient. Therefore, if resident physicians are providing care to the attending physician’s patient, part of the attending physician’s responsibility is to provide appropriate supervision of the residents. Attending physicians are expected to use good judgment in determining the level of supervision appropriate for the situation.

These physicians must take into account the clinical problems being addressed and the resident’s level of training, skill and knowledge. Reviewers, in assessing whether good judgment was used, should consider what a reasonable and prudent physician would do in the circumstances under review. Obviously, even a well-supervised resident can deliver substandard care. The attending physician, however, cannot be blamed for an adverse event if he or she took reasonable steps to provide appropriate supervision and oversight. Among the most useful evidence indicating that appropriate actions were taken is documentation in the medical record.
Assess the Standard of Practice As of the Time of the Violation

The standard of practice is constantly evolving, and so it is particularly important to be cognizant of the time that the violation occurred and assess the case in terms of the standard of practice AT THAT TIME. For instance, the prescribing of a certain drug for a medical condition may be totally contraindicated now, but if the subject physician prescribed it in 2004, the state of knowledge about that drug and its contraindications may not have been as clear. Thus, any opinion should speak to the standard in 2004, not the standard at the present time.

Terms to Avoid

Exacerbation: Certain situations or conditions may exacerbate a physician’s actions with respect to a case. For example, being inebriated while seeing a patient may exacerbate an underlying lack of knowledge or ability. While it is appropriate to describe exacerbating conditions, an expert reviewer should not assign value judgments to them. This will be done at hearing.

Guilt or Innocence: The expert reviewer’s role is to determine whether, and in what manner, a physician’s actions depart from the standard of medical practice, or demonstrate a lack of knowledge or ability. The trier of fact will determine guilt or innocence.

Judgmental or subjective comments: Avoid terms such as “this guy is clearly incompetent” or “no one in his right mind would do ... ” Your report should objectively establish what behavior was expected and how the physician failed to meet the expectation.

Malpractice: Malpractice is a term which applies to civil law (i.e., suits between individuals). The Medical Board functions under administrative law, and its cases are based on violations of that law involving unprofessional conduct. Expert reviewers should not let information regarding malpractice filings, settlements or judgments affect their review of a case. The standards of evidence and proof for civil cases differ from administrative cases.

Penalties: It is not the role of the expert reviewer to propose or recommend a penalty. This will be determined at hearing, based on detailed guidelines adopted by the Board and utilized by Administrative Law Judges.

Personalized comments: Avoid characterizing the actions of the physician in personal terms: “she was rude and unprofessional to the patient.” Instead, describe what the expected standard was, and how the physician deviated from the standard: “The standard of practice is to explain the procedure, answer the patient’s questions, and obtain informed consent. There is no record showing that the procedure was explained to the patient and informed consent obtained.”
The Medical Board will provide you with the following forms to submit in order to receive compensation for your expert reviewer services:

- Expert Reviewer’s Statement of Services (Pink)
- Task Order/Expert Reviewer Checklist Form (White), this form is necessary to comply with the State’s new contract requirements.
- You must complete a Statement of Services form and Task Order form for each case you review for the Medical Board. Sometimes it is necessary to complete more than one Statement of Services form and Task Order form during the course of a case. Failure to fill out the forms completely will delay your compensation.

**Initial Case Review**

You will be compensated at the rate of $150.00 per hour for your evaluation and report. Please record the hours worked on each case. When billing fractional time for less than a full hour please calculate the time to the nearest quarter hour. For example, if you work 1 hour and 22 or fewer minutes, the time billed should be 1.25 hours (or 1¼ hours), if you work 1 hour and 23 or more minutes, the time billed should be 1.5 hours (or 1½ hours), and so on through the hour.

The Medical Board keeps its accounts by fiscal year, which is July 1 through June 30. Please do not combine fiscal years on one form. Instead, use a separate form for each fiscal year.

**Professional Competency Examination**

The reimbursement rate for professional competency examination (oral and written) is set at $150.00 per hour (not to exceed 4 hours or $600.00) for case review and question development, and $150.00 per hour (not to exceed 4 hours or $600.00) for the administration, scoring and any report preparation.

**Mental or Physical Examination**

The reimbursement for the administration of a mental or physical evaluation is the usual and customary rate for the expert. However, please provide the investigator or medical consultant with an estimate of fees prior to conducting the mental or physical examination. You should not exceed the estimate unless pre-approved by the investigator.
Consultation with the Deputy Attorney General

This includes any consultation, in person or by telephone, before the case is filed, while the action is pending, or in preparation for hearing. You will be compensated at the rate of $150.00 per hour.

Testimony at Hearing

You will be compensated at the rate of $200.00 per hour for testimony, with the maximum fee allowable for a full day of testimony being $1600.00.

Miscellaneous Expenses

Expenses incurred in performing expert review or acting as a witness should be itemized on a separate sheet of paper and summarized on the Statement of Services.

It is imperative that you contact the Board Investigator to arrange for any travel, otherwise, reimbursement will be delayed. Investigator will explain the current state reimbursement rate schedule for other expenses including meals and lodging. Receipts must be attached for all travel and business expenses incurred in this category, other than mileage.

You will be authorized $75.00 per hour for actual drive time to attend a hearing or drive to a location (other than your regular business location) to administer a professional competency examination.

Please arrange all travel through the investigator and/or district office with whom you are working. The Medical Board staff will arrange the necessary flights, ground transportation and research/recommend hotel accommodations.