



# MEDICAL BOARD OF CALIFORNIA



## EDUCATION AND WELLNESS COMMITTEE AGENDA

### MEMBERS OF THE COMMITTEE

*Barbara Yaroslavsky, Chair*  
*Denise Pines*  
*Howard Krauss, M.D.*  
*Gerrie Schipske, R.N.P., J.D.*

Courtyard by Marriott – Cal Expo  
Golden State Room A & B  
1782 Tribute Road  
Sacramento, CA 95815  
(916) 929-7900 (directions only)

*Action may be taken  
on any item listed  
on the agenda.*

**Thursday, July 24, 2014**  
**2:15 p.m. - 3:45 p.m.**  
(or until the conclusion of business)

*While the Board intends to webcast  
this meeting, it may not be possible  
to webcast the entire open meeting  
due to limitations on resources.*

Teleconference – see attached  
*Meeting Information*

### **ORDER OF ITEMS IS SUBJECT TO CHANGE**

*(If a quorum of the Board is present, members of the Board who are not members  
of the Committee may attend only as observers.)*

1. Call to Order/Roll Call
2. Public Comments on Items Not on the Agenda  
*Note: The Committee may not discuss or take action on any matter raised during this public comment section that is not included on this agenda, except to decide to place the matter on the agenda of a future meeting. [Government Code §§11125, 11125.7(a)]*
3. Approval of the Minutes from the February 6, 2014 Meeting
4. Presentation on Healthy Living Programs
  - A. Loma Linda University Wellness Campaign – Barbara Couden Hernandez, Ph.D.,  
Director for Physician Vitality
  - B. University California Los Angeles Healthy Campus Initiative – Michael Goldstein, Ph.D.,  
Professor of Public Health and Sociology
5. Let's Get Healthy California Task Force Report and the California Wellness Plan - Ronald  
Chapman, M.D., Director, California Department of Public Health
6. Education and Wellness Committee Strategic Plan Update - Ms. Hockenson
7. Future Agenda Items
8. Adjournment

## Meeting Information

This meeting will be available via teleconference. Individuals listening to the meeting will have an opportunity to provide public comment as outlined below.

**The call-in number for teleconference comments is (800) 230-1093**

Please wait until the operator has introduced you before you make your comments.

To request to make a comment during the public comment period, press \*1; you will hear a tone indicating you are in the queue for comment. If you change your mind and do not want to make a comment, press #. Assistance is available throughout the teleconference meeting. To request a specialist, press \*0.

Each person will be limited to three minutes per agenda item. However, during Agenda Item 2 – Public Comments on Items not on the Agenda, the Board/Committee has a limited public comment period for individuals on the teleconference of 20 minutes. Therefore, after 20 minutes no further comments will be accepted. During public comment on any other agenda item 10 minutes will be allowed for comments from individuals on the teleconference line. After 10 minutes, no further comments will be accepted.

Comments for those in attendance at the meeting will have the same time limitations as those identified above for individuals on the teleconference line.

*The mission of the Medical Board of California is to protect health care consumers through the proper licensing and regulation of physicians and surgeons and certain allied health care professions and through the vigorous, objective enforcement of the Medical Practice Act, and to promote access to quality medical care through the Board's licensing and regulatory functions.*

*Meetings of the Medical Board of California are open to the public except when specifically noticed otherwise in accordance with the Open Meeting Act. The audience will be given appropriate opportunities to comment on any issue presented in open session before the Board, but the President may apportion available time among those who wish to speak.*

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*For additional information, call (916) 263-2389.*

**NOTICE:** *The meeting is accessible to the physically disabled. A person who needs a disability-related accommodation or modification in order to participate in the meeting may make a request by contacting Lisa Toof at (916) 263-2318 or email [lisa.toof@mbc.ca.gov](mailto:lisa.toof@mbc.ca.gov) or send a written request to Lisa Toof at the Medical Board of California, 2005 Evergreen Street, Ste. 1200, Sacramento, CA 95815. Providing your request at least five (5) business days before the meeting will help ensure availability of the requested accommodation.*