



MEDICAL BOARD OF CALIFORNIA
Executive Office



AGENDA

**WELLNESS PROGRAMS - BEST PRACTICES MODEL
INTERESTED PARTIES MEETING**

August 17, 2010
10:30 am – 1:00 pm

Department of Consumer Affairs
1625 North Market Blvd.
El Dorado Room, #220-North
Sacramento, CA 95834

Moderator: Dr. Laurie Gregg
Member, Wellness Committee

1. Welcome and Introductions – Dr. Laurie Gregg
2. Background Information
 - a. History of the Wellness Committee
 - b. Creation of Statewide Survey of Wellness Programs
 - c. Outcomes of the Survey (January 2010)
3. Roundtable Discussion
 - a. Discussion by those who currently have a Wellness Program in place:
what works and what doesn't; successes and what can be improved?
 - b. Discussion by those who would like to create a Wellness Program or who
would like to reconstitute a stagnant program: what do they need?
 - c. What would a "Best Practices Model" include?
4. Discussion of Next Steps: Where do we go from here? Future meetings; sharing of existing documents, further research, recommendations to Wellness Committee, etc.
5. Closing

NOTE: All public comments should be directed toward the Best Practices Model.

The mission of the Medical Board of California is to protect healthcare consumers through the proper licensing and regulation of physicians and surgeons and certain allied healthcare professions and through the vigorous, objective enforcement of the Medical Practice Act, and, to promote access to quality medical care through the Board's licensing and regulatory functions.

Meetings of the Medical Board of California are open to the public except when specifically noticed otherwise in accordance with the Public Meetings Act. The audience will be given appropriate opportunities to comment on any issue before the Board, but the Chair may apportion available time among those who wish to speak. For additional information, call (916) 263-2389.

NOTICE: *The meeting is accessible to the physically disabled. A person who needs disability-related accommodations or modifications in order to participate in the meeting shall make a request to the Board no later than five working days before the meeting by contacting Cheryl Thompson at (916) 263-2389 or sending a written request to Ms. Thompson at the Medical Board of California, 2005 Evergreen Street, Suite 1200, Sacramento, CA 95815. Requests for further information should be directed to the same address and telephone number.*