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Kognito Interactive

Company Overview for the Medical Board of California

1.0 About Kognito

Kognito Interactive is a leading developer of evidence-based, interactive training simulations that enable health providers and informal caregivers to master the communication and motivational interviewing skills to change the health behaviors of patients they interact with. Delivered online and via mobile devices, Kognito's simulations provide learners with challenging role-play experiences where they engage in conversations with emotionally-responsive virtual patients that possess their own memories and personalities and act and respond like real patients. Through these hands-on and highly-realistic practice scenarios, users gain the skill, confidence, and motivation to engage in similar conversations in real life.

Since 2009, Kognito has built an extensive library of practice conversations using its proprietary Human Interaction Game Engine™, which is based on research in neuroscience, social cognition, and adult learning theory. These programs have been adopted by over 450 hospitals, universities, non-profits, state agencies, and federal agencies to train over 2 million people. These organizations include the California Dept. of Education, Veterans Affairs, DoD, Departments of Health in over 12 states, and the California Community College system. Three of Kognito's simulations are listed in the National Registry of Evidence-Based Programs and Practices (NREPP). Overall, Kognito simulations provide organizations with cost-effective solutions to train large or geographically-dispersed audiences with effective learning tools that users can access at their convenience. View demos at www.kognito.com

2.0 Sample Simulation: At-Risk in Primary Care

Kognito's At-Risk in Primary Care is an online CME-approved course that teaches doctors and nurses to recognize when a patient's physical ailments are masking underlying substance abuse or mental health disorders and how to use motivational interviewing skills to integrate behavioral health into the treatment plan while building the patient's motivation to adhere to it. One of the roleplay scenarios in this training involves dealing with a patient "demanding" a renewal of pain medication prescription. The program was recently adopted by NYC Dept. of Health to train 7,000 providers.

<u>View demo at: www.kognito.com/pcp/demo</u>



Snapshot of simulated conversation where users assume the role of a doctor and speak with a virtual patient

3.0 Contact Information

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