

Scott A. Steingard, DO

Board President, Federation of State Medical Boards

Scott Steingard, DO is a Board-Certified Family Physician from Phoenix, Arizona. He served on the Arizona Board of Osteopathic Examiners from 1992-2002 and from 2006-2016, serving as President from 2009-2016.

After serving a three-year term on the FSMB Board of Directors from 2010-2013, Dr. Steingard was re-elected in 2016. In April 2018, he was elected Chair-elect and assumed the position of FSMB Chair in April 2019. As such, Dr. Steingard serves as Chair of the FSMB Education Committee and ex officio on other FSMB standing committees. He also serves as Chair and ex officio on various workgroups, taskforces, advisory groups and Board subcommittees, including Chair of the newly established Advisory Council on Professionalism in Medical Practice, which is charged with overseeing various topic-specific workgroups such as the new Workgroup to Study Risk and Support Factors Affecting Physician Performance and Workgroup on Physician Impairment.

**Humayun Javid Chaudhry, D.O., D.Sc. (Hon.), M.S., MACP,
MACOI, FRCP (Edin.)**

**President and Chief Executive Officer, Federation of State
Medical Boards**

Dr. Humayun “Hank” Chaudhry is the President and Chief Executive Officer of the Federation of State Medical Boards (FSMB) of the United States, which represents the nation’s state medical licensing boards and co-sponsors the United States Medical Licensing Examination (USMLE). From 2016-2018, Dr. Chaudhry served as Chair of the International Association of Medical Regulatory Authorities (IAMRA), which represents more than 116 members in more than 48 nations.

Dr. Chaudhry is a graduate of New York University and the New York Institute of Technology’s College of Osteopathic Medicine, and earned a Master’s degree in Health Care Management from the Harvard T. H. Chan School of Public Health. He did an internship at St. Barnabas Hospital, New York, followed by a residency in Internal Medicine at Winthrop-University Hospital, New York, where he spent an additional year as Chief Medical Resident. He was a diplomate of the American Board of Internal Medicine from 1996-2006 and of the American Osteopathic Board of Internal Medicine from 2006-2016.

Dr. Chaudhry spent 14 years with the United States Air Force Reserve, rising to the rank of Major and serving as a Flight Surgeon attached to the 732nd Airlift Squadron at McGuire Air Force Base, New Jersey. Dr. Chaudhry spent two years as the Health Commissioner for Suffolk County, New York, overseeing 1,300 employees and a budget of \$400 million. He is a Clinical Associate Professor of Internal Medicine at the University of Texas Southwestern Medical School in Dallas, Texas, and is the co-author of two books: Fundamentals of Clinical Medicine, 4th edition and Medical Licensing and Discipline in America.



Protecting
Advocating
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The FSMB: At Your Service

Scott A. Steingard, DO
FSMB Chair

Humayun J. Chaudhry, DO, MACP, FRCP
President and Chief Executive Officer

Medical Board of California
August 9, 2019



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Greetings from the FSMB Board of Directors



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FSMB Vision and Mission 2015-2020

Vision

The FSMB is an innovative leader, **helping** state medical boards shape the future of medical regulation by protecting the public and promoting quality health care.

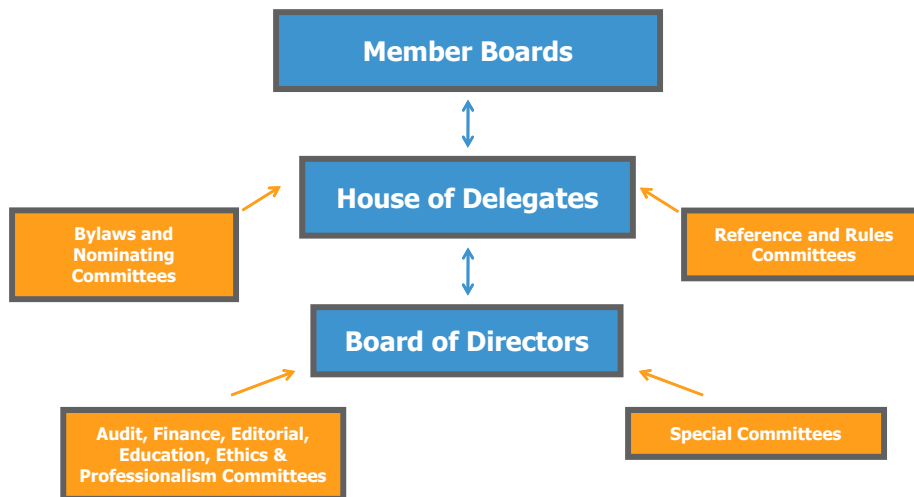
Mission

The FSMB serves as the voice for state medical boards, **supporting** them through education, assessment, research and advocacy while providing services and initiatives that promote patient safety, quality health care and regulatory best practices.



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FSMB Organizational Chart



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**FSMB Annual Meeting
April, 2019 Fort Worth, Texas**



**FSMB House of Delegates
April, 2019 Fort Worth, Texas**



2019 Actions Adopted by House of Delegates

- **Bylaws Amendments – One additional non-physician member (two must be public members)**
- **Resolution 19-1: Correlation Between Licensee USMLE or COMLEX Passage Attempt Rate and Reports of State Medical Board Discipline**
 - Identify time and attempt limits
 - Research regarding any correlation with attempt limitations and future disciplinary actions/malpractice and long term research goal exploring correlation between exam performance and clinical outcomes/aptitude
- **Resolution 19-4: Emergency Licensure Following a Natural Disaster**
 - Evaluate the experiences and disaster readiness of boards and develop recommendations to facilitate the interstate mobility of physicians and other health care personnel in response to disasters, public health emergencies, and mass casualties

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2019 Actions Adopted by House of Delegates

- **Resolution 19-6: Model Policy on DATA 2000 and Treatment of Opioid Addiction in the Medical Office (2013)**
 - Review and update the *Model Policy on DATA 2000 and Treatment of Opioid Addiction in the Medical Office*
- **Resolution 19-7: Policy on Physician Impairment**
 - Convene a workgroup, to include the Federation of State Physician Health Programs, to review and update the FSMB *Policy on Physician Impairment* (2011)
- **BRD RPT 19-1: Report of the Ethics and Professionalism Committee: Social Media and Electronic Communications**
 - Sets forth 16 guidelines and recommendations for physicians who use social media or electronic communication in their personal and professional lives

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New FSMB Policy Initiatives 2019-2020

- **FSMB Special Committee on Strategic Planning**
- **FSMB Artificial Intelligence Task Force**
- **FSMB Workgroup on Physician Professionalism in Medical Practice**
 - **Subcommittee on Risk Factors**
 - **Subcommittee on Impairment**

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Continuing Initiatives 2019-2020

- **Workgroup on Board Education, Service & Training (BEST)**
 - Creating online resources to support the roles and responsibilities associated with service on a state medical or osteopathic board
- **Workgroup on Sexual Boundary Violations**
 - Identify and evaluate barriers to reporting sexual boundary and harassment violations to state medical boards
 - Review and revise *Addressing Sexual Boundaries: Guidelines for State Medical Boards (2006)*
- **Board Action Content Evaluation (BACE) Task Force**
 - Conduct a comprehensive study of disciplinary data with a goal of creating a categorization system for the underlying reasons for board actions

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FSMB Services

- **Federation Credentials Verification Service**

- **Primary Source and Physician Provided Information Verification**
- **Processes Certified by NCQA**
- **Permanent Credentials Repository for 220,000+ Physicians**
- **Promotes License Portability**
- **New Service for Boards: NPDB Query Now Available**



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Assessment Offerings from FSMB



SPEX® Special Purpose Examination

Plus collaborator arrangements with physician assessment programs, e.g., CPEP, PACE, Albany, Drexel, Univ. of Florida, Texas A&M, LifeGuard

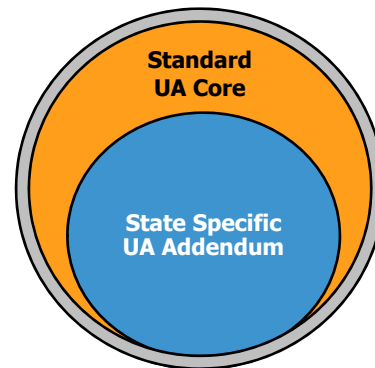


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Uniform Application for State Licensure (UA)

Standardized online application for MDs and DOs is currently used by 27 State Medical Boards.

1. CORE: Basic questions of state's license application
2. Addendum: State-board specific questions which helps maintain autonomy
3. Uniform Application for PAs currently adopted by 6 SMBs with 2 more in process



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New and Improved DocInfo



- Docinfo.org relaunched in April, 2019
- Increased focus on providing public with information on where and how to file a complaint against a doctor
- New board action information including date and type of action



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Educational Offerings

- **Annual Meeting**

- April 30-May 2, 2020 in San Diego

- **Board Attorney Workshops**

- November 7-8, 2019 in New Orleans

- **New Executives Orientation**

- June 28-29, 2020 in Eules

- **Roundtable Webinars**

- August 28, 2019: *Emergency Management Assistance Compact*, Angela Copple, EMAC Program Director, National Emergency Management Association



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Online Education

Online Programs

- **For Medical Students and Residents**

- The Role of State Medical Boards
- Understanding and Navigating the Medical Licensing Process
- Medical Disciplinary Process
- Common Reasons Physicians Get Into Trouble
- State Medical Boards and Physician Wellness

- **For Board Member Members**

- Understanding Medical Regulation in the United States





NEW ONLINE SERIES ABOUT MEDICAL REGULATION

The FSMB has launched "Understanding Medical Regulation in the United States," a series of online multi-media educational modules designed for new members of state medical boards to help prepare them for their roles and responsibilities in public service.

[Learn More](#)



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Communications via Multiple Channels for Multiple Audiences

- *Journal of Medical Regulation*
- FSMB Annual Report
- *Newsline and eNews*
- Regulatory Trends and Actions
- Website – www.fsmb.org
- Advocacy Newsletter
- Twitter – @TheFSMB 
- Facebook



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The Washington, DC Advocacy Office

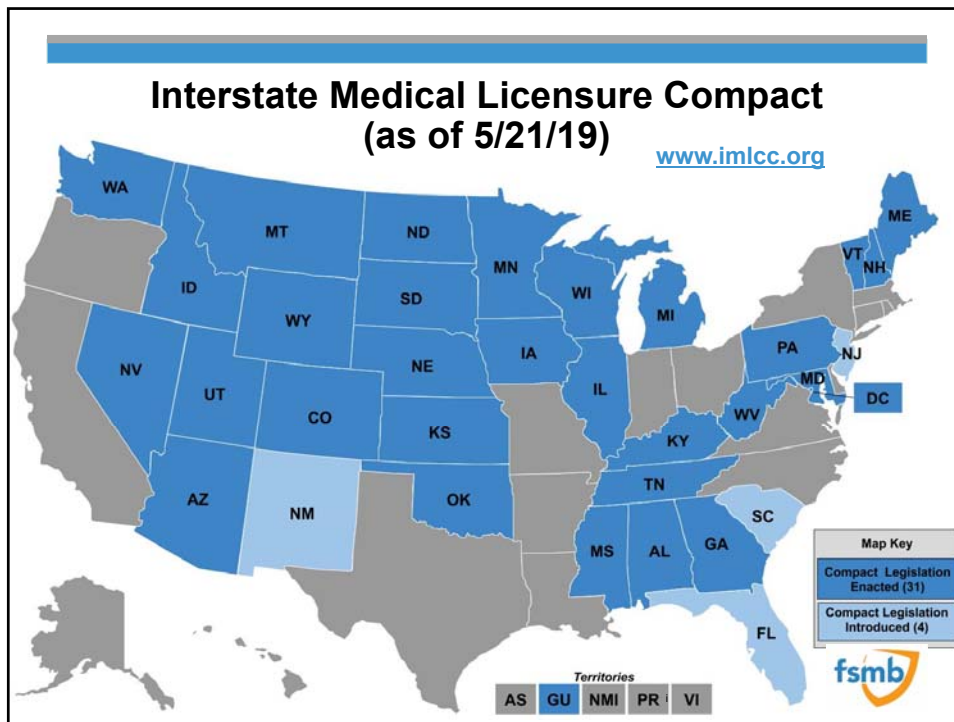
The FSMB offers the state boards a variety of legislative and advocacy services:



- State and Federal Legislation
 - Legislative Tracking and Summaries
 - Oral and Written Testimony
- Key Issue State Comparison
- Coordinating meetings with Congressional offices and Federal agencies

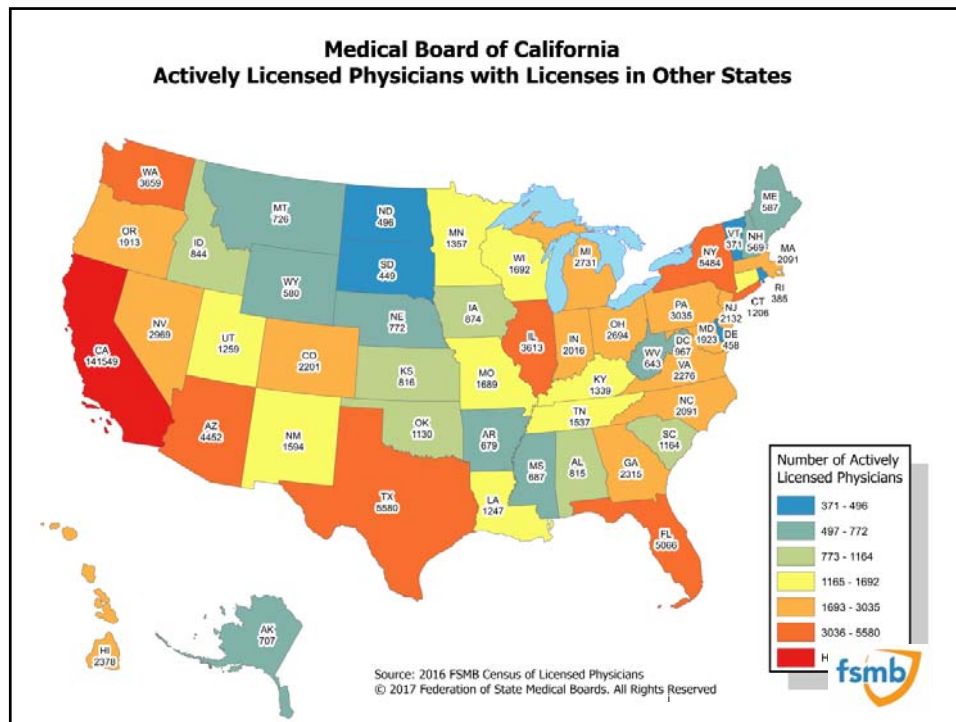
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Interstate Medical Licensure Compact Commission

- As of June 30, 2019, more than **6,281 medical licenses have been issued to 4,270 physicians**
- HRSA, a part of the U.S. Department of HHS, has awarded the FSMB a new 5-year, \$250,000 per year medical license portability grant starting July 1, 2019 to support the IMLC **and pursue a PA Compact**. FSMB is the grant administrator.
- IMLC Commission is hiring a Customer Service Liaison Manager and is exploring permanent office space
- Webpage design is proceeding on schedule, while an outside consultant for IMLCC is reviewing technology needs
- The FSMB Foundation continues to offer a grant program to help interested state medical boards implement the compact



Policy on Physician Wellness and Burnout

- **Adopted by FSMB House of Delegates in April 2018**
- **Longest policy ever issued by FSMB, with greatest number of recommendations (35)**
- **Emphasis on “Shared Accountability Approach” to physician wellness with recommendations to several partners, including:**
 - Medical Societies
 - Insurers
 - State Government, Legislatures, Health Departments
 - EHR Vendors
 - Medical Schools and Residency Programs
 - Hospitals/Employers

Goals of Recommendations

- Encourage physicians to seek help early
- Remove stigma associated with acknowledging a need for help
- Improve physician well-being
- Change perception of medical board role as always punitive
- Promote understanding of "Duty to Report" to assist earlier intervention
- Improve quality of care delivered to patients
- Support public protection efforts of state medical boards

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Licensing in the Literature

45 of 52 Licensure Applications reviewed contained questions about applicant mental health

Polfliet, S. *J AAPL* 2008; 36(3)

Presence of questions about mental health or substance use may cause physicians to avoid or delay treatment

Schroeder R, et al. *Acad Med* 2009; 84(6)

"Women physicians report substantial and persistent fear regarding stigma which inhibits both treatment and disclosure"

Gold K, Andrew L et al. *Gen Hosp Psychiatry* 2016; 43

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Policy on Physician Wellness and Burnout

- **Key Recommendations:**

"Evaluate whether it is necessary to include probing questions about a physician applicant's mental health, addiction, or substance use"

If questions are used, FSMB recommends the following phrasing:

*Are you currently suffering from any condition for which you are not being appropriately treated that impairs your judgment or that would otherwise adversely affect your ability to practice medicine in a competent, ethical and professional manner?
(Yes/No)*



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Progress to date

- **Since April 2018**

- At least 27 state medical boards have **discussed** physician wellness and/or the FSMB recommendations
- At least 8 boards have discussed **potential revisions**
 - This includes 4 boards that are in the process of making changes
- At least 8 boards have **made changes** to their applications



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Collaboration



Federation of State Physician Health Programs



American Hospital Association



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Thank you!

Questions?



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