# James P Marcin, MD, MPH Professor, Pediatric Critical Care Director, Center for Health and Technology

Dr. Marcin is currently Professor and Vice Chair for Clinical Research in the Department of Pediatrics at the UC Davis School of Medicine. He is also the Director of the Center for Health and Technology at UC Davis Health. He completed medical school at UC San Diego, pediatric residency at UCSF, and pediatric critical care fellowship at Children's National Medical Center in Washington DC. He also has an MPH in Biostatistics from George Washington University. In addition to being passionate about his clinical work in the Pediatric ICU, he conducts research in telehealth related to access and quality of care, particularly as it relates to acutely ill and injured children in rural and underserved communities. His clinical and research teams' focus are to leverage digital health technologies to improve the care delivered to patients in an efficient and cost-effective manner.



## Medical Board of California Update on Telehealth

James Marcin, MD, MPH UC Davis Health jpmarcin@ucdavis.edu January 30, 2020



#### Goals - Outline

- Overview of Telemedicine
- Expected future of Telemedicine
- What physicians should know about Telemedicine



#### Telemedicine - Telehealth

Healthcare over distance using telecommunications technology

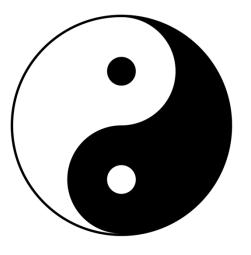
- 1. Live interactive
- 2. Store-and-forward
- 3. Remote patient monitoring
- 4. Direct to patient care





#### Why Telemedicine?

Regionalization improves efficiency and quality



Use of technology to INCREASE efficiency



#### **Opportunities for Telehealth**



Access



**Experience** 



**Effectiveness** 

Value - Costs of Care

> Potential reductions in health care costs

Distance barriers Provider shortages Lack of specialists

Patient centered Convenience for consumers

Improvements in efficiency and quality of care

Outpatient - Inpatient - Urgent Care - Video Visits - RPM Palliative Care - School Based - Nursing Facilities - Home

UC DAVIS CHILDREN'S HOSPITAL



#### **Future of Telehealth**

- Chronic Disease Management
- Passive Monitoring
- 25% population = 75% of costs
- Silver Tsunami





Direct to Patient Care



























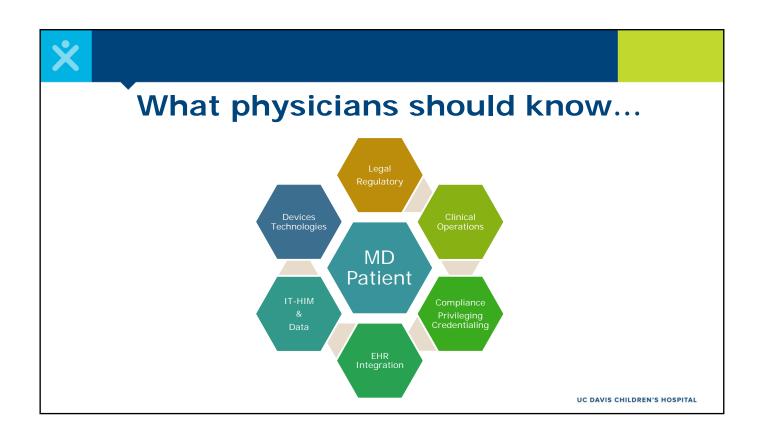




#### **Barriers to Adoption**

- Workforce
- Parity (AB 744)
  - Medicare; FQHC / RHC
- Models of payment
  - FFS / Per Click / Subscription
  - Capitated Care
- Liability Licensure Credentialing by proxy







#### Telemedicine: Words of Caution....

- Implementing Direct to Consumer Care
- Tele-ICU (Mayo Clinic Experience)
- IDEA Randomized Trial
- BEAT HF Randomized Trial
- More research is needed...

UC DAVIS CHILDREN'S HOSPITAL



#### Summary on Telemedicine Reimagining Health Care Delivery

- Patient-centric and convenient
- Efficient and cost-effective
- Population health: manage chronic conditions
- Delivery models (payment) need to be changed ...



### Thank You!

James Marcin, MD, MPH UC Davis Health jpmarcin@ucdavis.edu January 30, 2020