The UPS Store

[redacted]

Fax

To Medical Board of CA

From Caitlin Clarke

Company

Phone number [redacted]

Fax number [redacted]

Fax number n/a

Date 1-31-22

Total pages 8

Job number

Memo/Notes:

Thank you for considering my application!

— CC

[redacted]

[redacted]

MEDICAL BOARD OF CALIFORNIA
Midwifery Program

Midwifery Advisory Council Member Application

The Midwifery Advisory Council (MAC) is an advisory council responsible for making recommendations on matters presented by the California Medical Board (Board) members, Board staff, or designees. The MAC represents the midwifery community and licensed midwives in the State of California. The MAC is comprised of three licensed midwifes, one physician and surgeon, and two public members. Public member representatives have an interest in midwifery, but are not licensed midwives. The MAC members volunteer to serve and attend all MAC meetings for up to a three-year term. This application form has been developed to review volunteers interested in serving on the MAC. To be considered for appointment, please mail, email, or fax your MAC Member Application form no later than **February 1, 2022** to:

Medical Board of California
2005 Evergreen Street, Suite 1200
Sacramento, CA 95815
Attention: Midwifery Program
FAX: (916) 263-8936
tonya.morairty@mbc.ca.gov

Name:	Last: Clarke	First: Caitlin	Middle Initial: T / Suffix
Address:	[redacted]		
Phone:	[redacted]		
Email:	[redacted]		
Are you a California Licensed Midwife?	☐ YES ☒ NO	*License Number: LM #* [redacted]	
Are you a California Licensed ~~Physician~~? Doctor of Chiro	☐ YES ☐ NO	*License Number:*	
	If yes, are you currently practicing as an obstetrician/gynecologist? ☐ YES ☒ NO		
Are you, or have you ever been, a board member of a midwifery or physician related entity?	☐ YES ☒ NO *If yes, please list the name of the board(s):*		
	Name	Dates of Membership	
	Name	Dates of Membership	
Organization/Association: *(If volunteering as a non-licensee "public member" please insert the word "SELF – PUBLIC Interest")*	Self- Public		
Position within the Organization/Association: *(Board member, executive, or member)*	Member		
Do you know anyone who might oppose your appointment to the MAC Advisory Council?	☐ YES ☒ NO		
Is there anything in your background, if made known to the general public through service on the Advisory Council, would cause embarrassment to you and/or the Board?	☐ YES ☒ NO		
Have you ever been formally disciplined or cited for a breach of ethics or unprofessional conduct by an organization?	☐ YES ☒ NO		

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[redacted]

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[redacted]

MEDICAL BOARD OF CALIFORNIA
Midwifery Program

Please attach your resume or curriculum vitae.

Please attach a letter outlining your qualifications and interest in midwifery and home birth, including prior involvement with midwifery-related organizations.

Please attach three letters of recommendation from licensed midwives or clients in your area.
(If applying for midwife position at least 2 of the letters must be from practicing midwives in your area)

(Signature) 1-31-22 (Date)

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Caitlin Clarke, DC
[redacted]

To Whom It May Concern,

Thank you for considering my application for the public position on the Midwifery Advisory Council.

I am a Doctor of Chiropractic, Doula, and Birth Justice Activist.

As a Doctor of Chiropractic: I have an exclusive perinatal practice at Full Moon Birth and Family Wellness Center in Santa Cruz, California. (My office is next to the birth room!)

I am one of the original providers invited to join Full Moon prior to the center opening over five years ago. I supported activist work in acquiring zoning for the first independent birth center (where babies are birthed) in Santa Cruz County.

I was originally licensed as a chiropractor in 1998. I chose to specialize exclusively in perinatal after birthing my son, [redacted] at home, in 2008.

I have a Bachelor of Arts in English, and have worked as a professional writer in the past. Most recently, my article, "What Is Birth Failure Language?" was published in *Pathways to Family Wellness* Magazine.

To my knowledge, I am one of a handful of chiropractors in the country — fewer than three dozen in the world — with an exclusive perinatal practice.

As a Doula: My first "official" Doula birth was a homebirth in 1989. I was 18 years old. I now support both home and hospital births.

Both my chiropractic and Doula practices center on supporting clients with biomechanical factors that may influence uterine alignment. This includes working with clients with breech and posterior babies. I also concentrate on supporting clients planning vaginal births after cesarean (VBACs), multiples and high-risk pregnancies.

In addition, I focus on supporting clients with a history of trauma, LGBTQIA+ clients, and neurodivergent clients. (I am a member of all three communities: Survivor of medical trauma, gay, and on the Autism spectrum!)

As an Activist: My activist work is extensive. I am particularly focused on VBAC rights, promotion of trauma-informed care, education of true informed consent and refusal, and advancing inclusive and anti-racist policies.

Much of my recent activist work centers on changing guidelines, policies and legislation that will mandate hospitals never again restrict supporting Doulas and transporting midwives. In this capacity, I am a founding member of the Doulas Are Essential Project.

[redacted]

I consider the following my greatest teachers in my activist education:

- Hermine Hayes-Klein (human rights in childbirth attorney)
- Jen Kamel (founder of VBACFacts)
- Cristen Pascucci (founder of Birth Monopoly)
- Dawn Thompson (founder of Improving Birth)
- Betty Clarke (one of the original teachers of "The Basic Course for Midwives")

Please see my CV for a list of professional organization memberships and affiliations.

More about me:

I am a third-generation homebirth worker. My mother is a retired homebirth midwife and birthing rights activist. My great-aunt was a homebirth nurse midwife in England during World War II.

The first birth I attended was my brother, [redacted] born at home on Stanford campus, California, in 1973. I was 18 months old. When I was six years old, I helped support the birth of my brother, [redacted] born at home in Newton, Massachusetts. He was over 10 pounds. I watched as our midwife expertly managed a shoulder dystocia with positional maneuvers. Our midwife asked me to call time of birth. (Thankfully, my parents had an early digital clock on their bedroom dresser!)

I birthed my son, [redacted] at home in Savannah, Georgia, in 2008. There was no licensure for homebirth midwives in Georgia. Local hospitals were extremely hostile to homebirth transports. I know first-hand the dangerous public health ramifications of lack of collaboration between home and hospital providers.

Here are some of my skills I can bring to the table moving forward:

I am skilled at respectful confrontation and conflict resolution. I know how to engage in meaningful and purposeful conversations between home and hospital providers. I am passionate about interprofessional communication. I can help explain to medical providers why collaboration with midwives will save lives. Having worked as a professional writer in the past, I can help with written communication as well.

Please feel free to contact me with additional questions. The fastest way to reach me is via phone text message at [redacted].

Thank you for considering my application,

Caitlin Clarke, DC
[redacted]

[redacted]

Caitlin Clarke, DC Curriculum Vita

[redacted]

Mother to [redacted] born at home in 2008

Third generation homebirth worker and birth justice activist

Cofounder, Birthing Rights Bay Area

Doctor of Chiropractic, Palmer College of Chiropractic West

Member, International Chiropractic Pediatric Association

Extensive post-graduate training in perinatal and pediatric chiropractic

Birth Doula, first doula birth attended 1989

Certified in Webster Technique

ICPA Advanced Webster Technique Training

Craniosacral Therapy, Carol Grey

Sacral Occipital Technique training

Member, Sacral Occipital Technique Organization-USA

Evidence Based Birth Instructor

Yoga Alliance-Approved Prenatal Yoga Teacher Training
Levels I & II, Mount Madonna Center

Blissborn Birth Hypnosis Certified Childbirth Educator

Advanced training in Spinning Babies techniques

Professional Member, Birth Network of Monterey County

Professional Member, VBACfacts

Professional Member, Birth Monopoly

Founding Member, Doulas Are Essential Project

Bachelor of Arts (English), Loyola Marymount University

[redacted]

FULL MOON
Birth & Family Wellness Center
[redacted]

01/20/2022

To whom it may concern,

I am writing to give a letter of recommendation for Caitlin Clarke, DC. I have encouraged her to apply for the MAC and think she would be an amazing advocate on the council for both midwives as well as families in their childbearing years. She has extensive knowledge about birth, having not only taken advanced trainings in her own profession, but also being the daughter of a midwife. She is a consumer of midwifery care as well as someone who knows how to advocate for someone desiring hospital care. Her main goal in helping families has not been about place of service, but instead reducing trauma from unexpected outcomes. She is extremely diplomatic and one of the smartest people I have ever met. I know she would be an asset to the Midwifery Advisory Counsel and highly recommend she be seriously considered.

Thank you for your time,

Jennifer S Tomlin, LM

[redacted]

Melissa Chavarria

[redacted]

January 24, 2022

To whom it may concern,

I am writing on behalf of Caitlin Clarke, with whom I've had the pleasure of working with during my last two pregnancies. I cannot say enough good things about Caitlin, both professionally and personally. Caitlin has treated me as a chiropractic patient and has been my doula during my VBAC at Full Moon Birthing Center, and again during my second cesarean hospital birth. She is extremely supportive, knowledgeable, and goes above and beyond for her clients. She has always created a safe space for me to voice any concerns, answer all questions, and made sure I was informed on all potential birthing options. Her advocacy work is what attracted me to her in the first place. She is amazing! I had had a very traumatic hospital birth prior to meeting Caitlin and when I told her my story she understood how important it was for me to have an empowering second (and third) birth. Caitlin, along with the Full Moon Birthing Center staff, supported me in the most beautiful and empowering birth that I will never forget. All birthing people need someone like Caitlin on their side. The outcome of her work as a Chiropractic Doula changed the trajectory of my family's life for the better. I can not recommend her enough. She is caring, compassionate, and fierce when it counts.

I'm happy to chat over the phone should you have additional questions.

Sincerely,

Melissa Chavarria

[redacted]

January 27, 2022

To whom it may concern,

I'd like to express my strong recommendation for Caitlin Clarke to the Midwifery advisory board.

I have known Caitlin for 5 years, and have witnessed her incredible dedication to advocating for birthing persons off all color and creed. She has had the benefit of growing up with a mother who was a midwife. She has also worked alongside Sunshine Tomlin in Santa Cruz, who is the founder of our only non-hospital birth center, from the beginning of her journey toward getting the birth center up and running. Without Caitlin's advocacy, intelligence, and sheer will to make birth a better experience for everyone, I truly believe that journey would have been quite different, and probably more difficult.

Caitlin has specialized her Chiropractic career to work exclusively with prerinatal clients and neonates. Between that and being a doula to many of those clients, I feel she has a unique perspective that would be beneficial to the board. She is highly networked with many birth workers and Chiropractors in our community.

I am also a licensed Chiropractor. In 2018, Caitlin and I were certified to teach a research-based Childbirth Education course together. During that time, I got to work closely with her, and was so amazed by her knowledge and unabashed way of bringing forth researched based truth that I was really inspired to follow in her footsteps and become an activist myself. The kind of outgoing personality which that takes is just not my personality, but I really considered adding it to my repertoirel I had just had my second child (who Caitlin was my Chiro and doula for) at the time, had a toddler at home, and several businesses to run - so I didn't end up going that route. But, my point is: her passion backed by her knowledge is truly inspiring and I positively feel that you would be lucky to have her on board.

On the more personal note of her skills in the Chiropractic field and the doula field, in my experience she is phenomenal at doing both. My first baby was OP, which resulted in a long back labor and eventual c-section. With Caitlin helping me through the second pregnancy, we struggled to keep the baby in the ideal position, but she gave it everything she had. Her intuition and palpation were on point the entire time. I gave easy birth to my daughter after 4 hours of labor. We need more birth workers who educate their clients the way Caitlin does, and are passionate about fighting for their rights to that education and their options. If she inspires just one person to make one change in the industry, it could mean more of those options for lots of birthing people.

Caitlin is such a unique perspective, and is so passionate about birth and activist work, that I really hope you consider her greatly for the position. If you have any further questions for me, I'd be more than happy to answer them by phone or email.

Krista Cerruti-Schmidt, D.C.
[redacted]

[redacted]

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Attention: Midwifery Program
FAX: (916) 263-8936
tonya.morairty@mbc.ca.gov

Name:	Last: Woodley	First: Barbara	Middle Initial: A.	Suffix:
Address:	St: [redacted]			
Phone:	Cell#: [redacted]	Home #: [redacted]	Work#: N/A	Fax#: N/A
Email:	[redacted]			

Are you a California Licensed Midwife?	☐ YES ☒ NO *License Number: LM #* _____
Are you a California Licensed Physician?	☐ YES ☒ NO *License Number:* _____ *If yes, are you currently practicing as an obstetrician/gynecologist?* ☐ YES ☐ NO
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Have you ever been formally disciplined or cited for a breach of ethics or unprofessional conduct by an organization?	☐ YES ☒ NO

MEDICAL BOARD OF CALIFORNIA
Midwifery Program

Please attach your resume or curriculum vitae.
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Please attach three letters of recommendation from licensed midwives or clients in your area. (If applying for midwife position at least 2 of the letters must be from practicing midwives in your area)

B. [illegible] 1-31-22

(Signature) (Date)

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Resume

OBJECTIVE

To obtain a seat on the Midwifery Advisory Council as a community member

EXPERIENCE

Stay at home mom in Tulare, CA: This title comes with too many skills to list on this resume. I believe my experience as a mother, along with the experience I've outlined below, gives me a unique perspective and skill set in order to represent this position well - 2013 - present

Experienced a home birth with my youngest daughter attended by a midwife (CPM) and doula - 2018

Experienced a hospital birth with minimal interventions attended by two doulas and a midwife (CNM) - 2013

Involved in local Le Leche breastfeeding support meetings: Visalia, CA - 2013-2015

Community member and volunteer for Visalia Birth Network - 2012-2015

Volunteer for Tulare County Breastfeeding Coalition

Passionate about all things birth related with an emphasis on breastfeeding support and maternity care

Language Arts Teacher, John Muir middle school; Corcoran, CA. Taught 7th and 8th grade Language Arts, ASB, and 8th Grade Honors Language Arts classes. Staff representative on School Site Council - 2009-2013

EDUCATION

Pacific Oaks College, Pasadena, CA - B.A. Human Development 2008

IMPACT Teacher Intern Credentialing Program, Tualre, CA - English Single Subject Teaching Credential - 2009 - 2011

CHARACTER REFERENCES

Coleen Salazar - IBCLC, Lamaze Certified Childbirth Educator, Doula and Student Midwife - [redacted]

Rebekah Hammer - Licensed Midwife - [redacted]

Avira Wenn - Doula - [redacted]

[redacted]