

Expectations vs. Reality: What is the Future?

Developing Operational
and Legal Solutions

Amy Gutierrez, Pharm.D.
Virginia Herold



CALIFORNIA STATE
BOARD OF PHARMACY



Why Are We Convening This Forum?

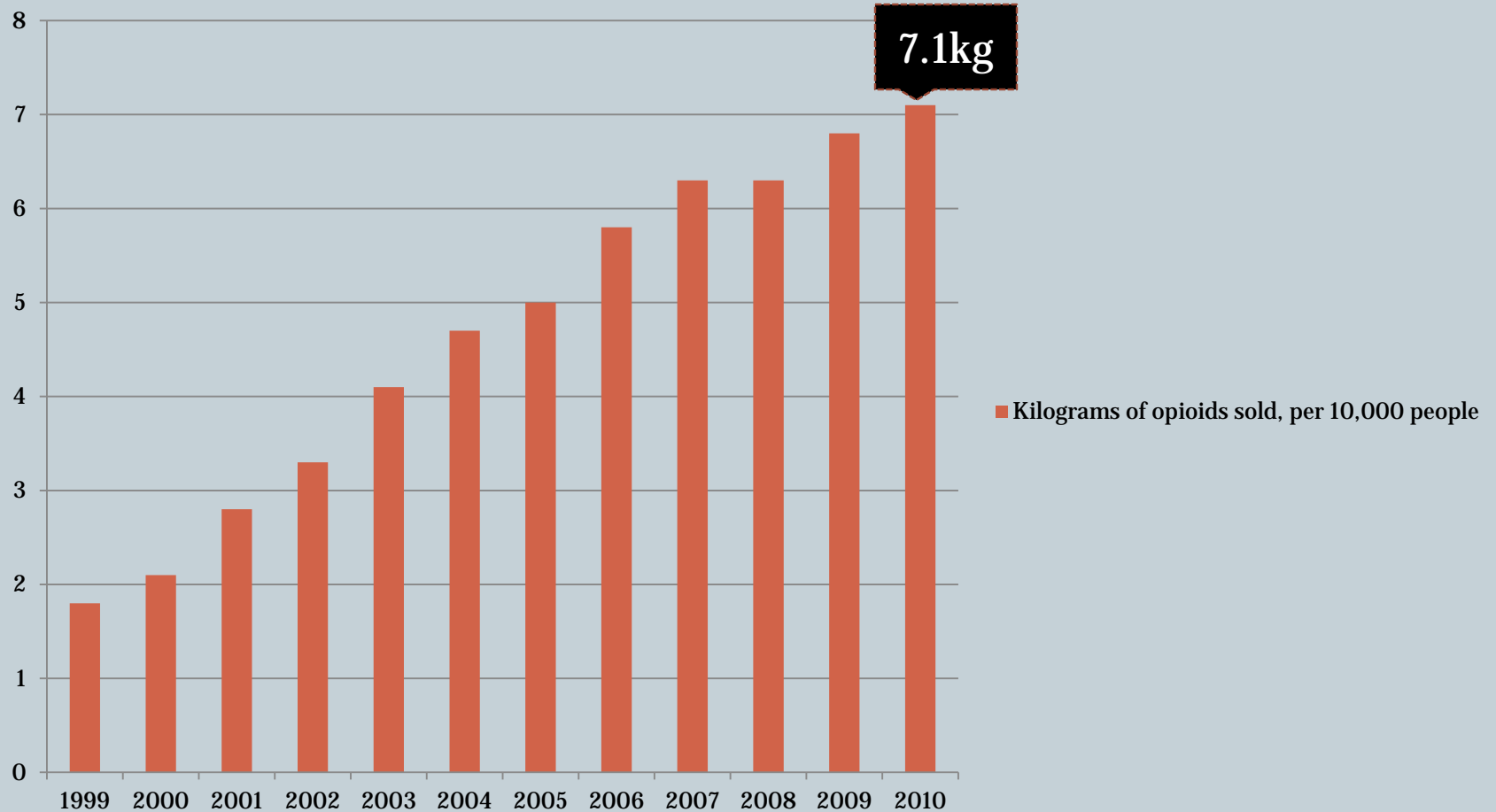


- Started as a outgrowth of proposed legislation
- Need for prescribing practitioners to work more closely with pharmacists
- CURES funding is gone and the program is in jeopardy

The Numbers Rise



Kilograms of opioids sold, per 10,000 people

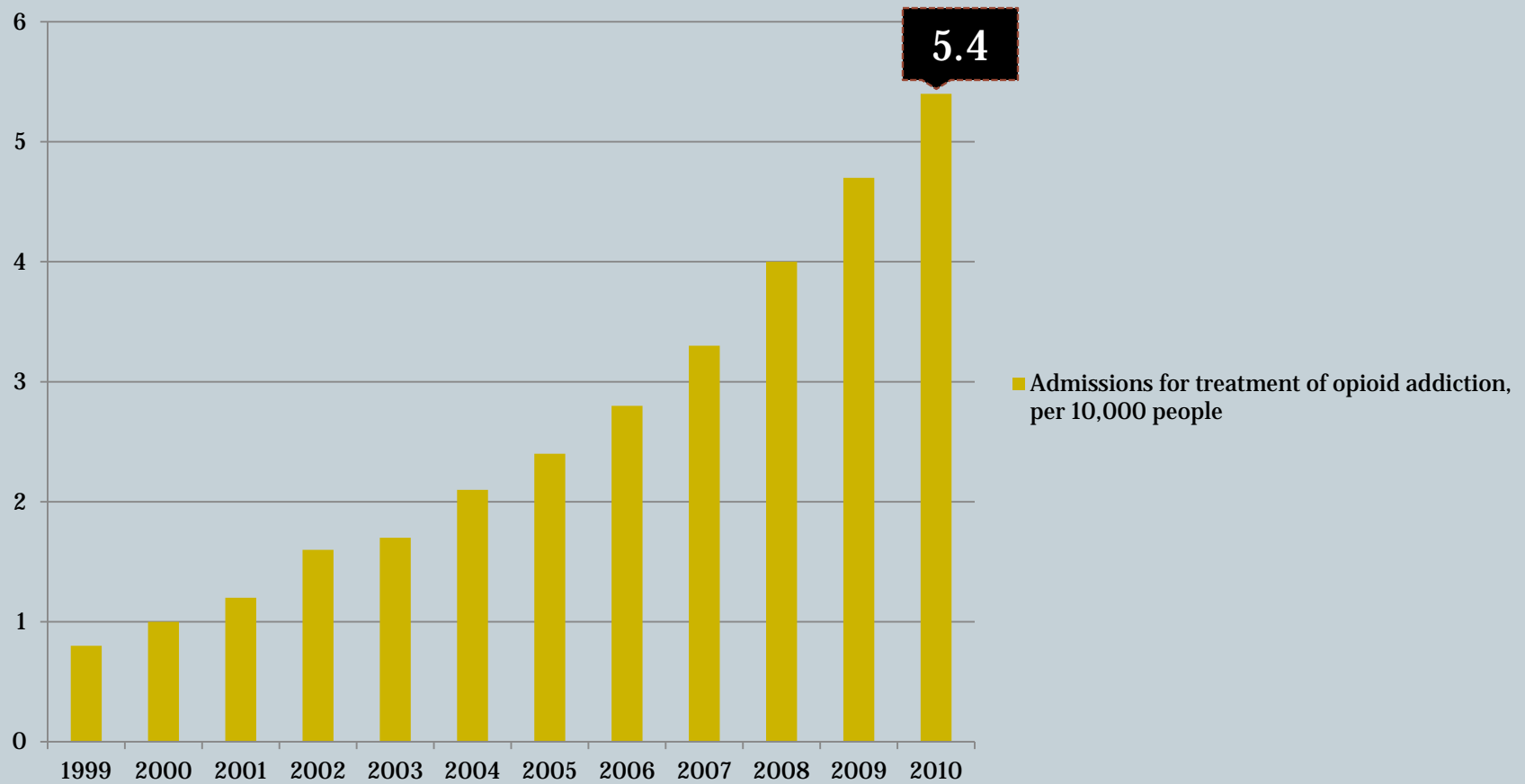


Source: National Vital Statistics

Opioid Addiction



Admissions for treatment of opioid addiction, per 10,000 people

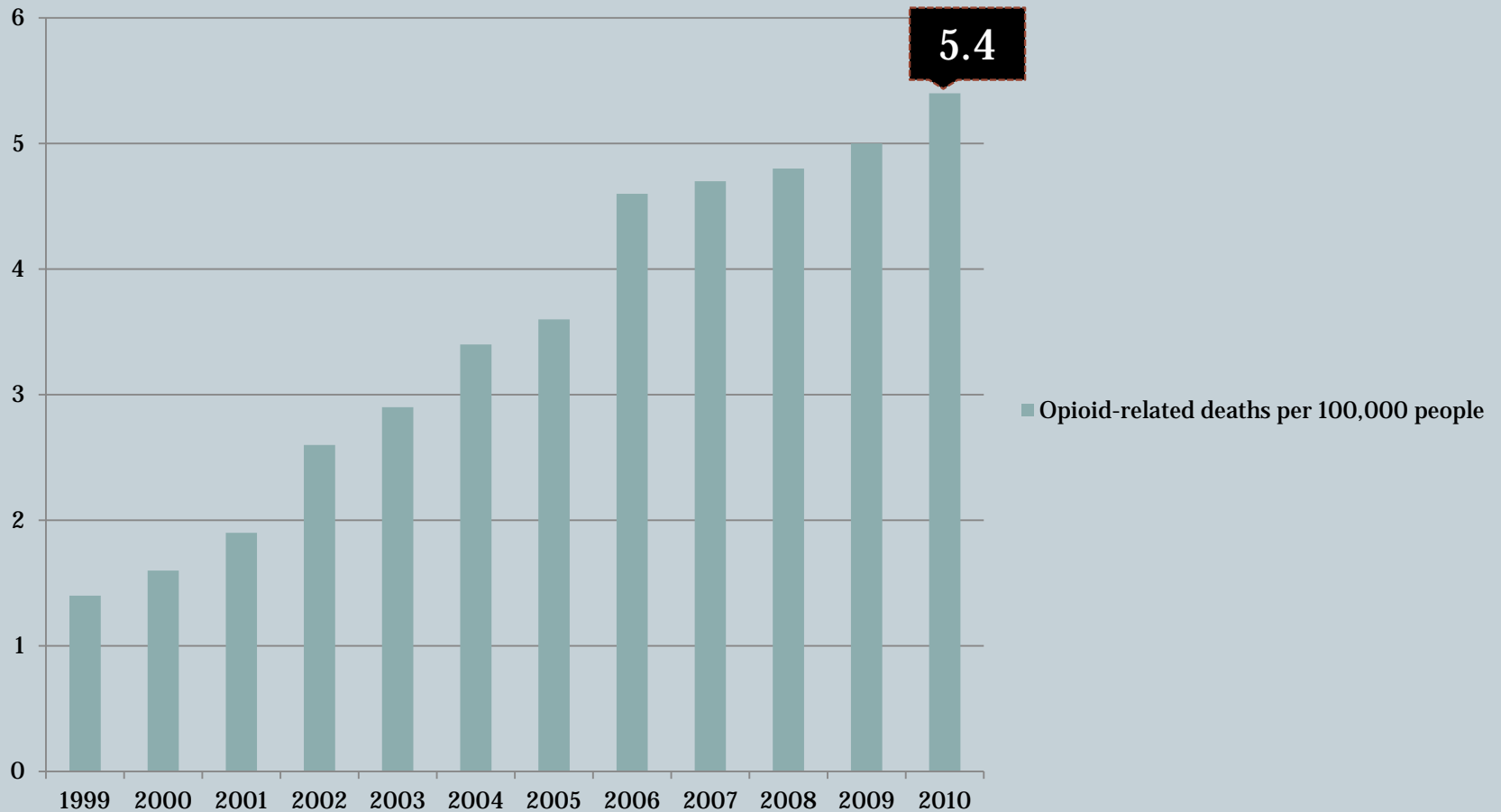


Source: National Vital Statistics

Opioid-Related Deaths



Opioid-related deaths per 100,000 people



Source: National Vital Statistics

Research Letter JAMA (2/2013)



Data from 2010:

- Fatal drug overdoses increased for the 11th straight year
- 38,329 people in the US died from drug overdoses
- 57 percent (22,000 deaths) involve Rx drugs
- Pain killers found in 75 percent of the RX drug deaths (16,600)
- Benzodiazepines 29 percent (6,500)



JANUARY 28, 2013

People

JENNIFER LOPEZ

EXCLUSIVE INTERVIEW

I HAVE NO REGRETS!

THE STAR ON LIFE, MEN & MARRIAGE

PLUS Straight talk on plastic surgery, raising kids and Scientology

THE GLOBES!

GLAMOUR! GOSSIP! ADELE IS BACK!

The Truth Behind BRITNEY'S SPLIT

Prescription Drug Misuse A DEADLY PROBLEM

JENNIFER LOPEZ, STAR OF PARKER, BEVERLY HILLS, JANUARY 9, 2013

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DEADLY
PILLS

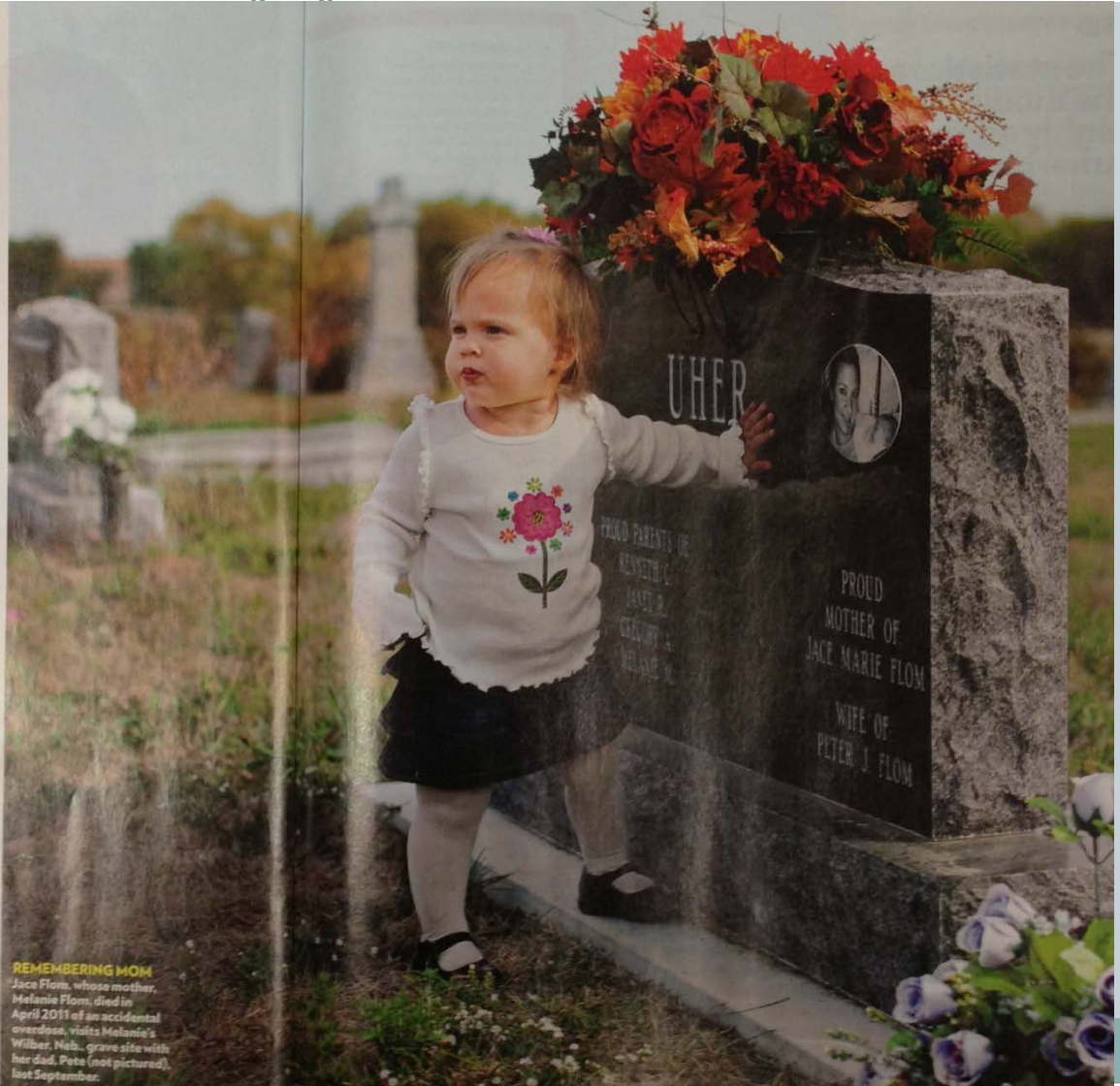


One Death Every 24 Minutes

Drugs are now the No. 1 accidental killer in the U.S., with the vast majority of deaths caused by prescription meds. A look at how medicines that are now a part of everyday life can also turn families upside down forever



By KRISTEN MASCIA
Photographs by GRANT DELIN



REMEMBERING MOM
Jace Flom, whose mother, Melanie Flom, died in April 2011 of an accidental overdose, visits Melanie's Wilbur, Neb., grave site with her dad, Pete (not pictured), last September.

TOP: JACE FLOM

PMPs Across State Lines



- **49 States have Prescription Monitoring Programs**
- **NABP InterConnect Program to link PMPs in other states**
- **By the end of 2013, 25 states will be connected.**

CA's PMP Needs Upgrades



- **Online, real time access for practitioners –Like running a license plate when pulled over**
- **Add Reporting of Schedule V Drugs to PMP**

Prevention



- Increase education for healthcare providers regarding their role in prevention and detection
 - Appropriate prescribing and dispensing
 - Identification of common drugs of abuse
 - How to detect fraudulent prescriptions
 - How to recognize substance abuse
 - How to effectively use CURES
- Promote use of patient pain management contracts
 - Circulate effective examples among providers
- Establish standard prescribing practices for urgent care and emergency departments

Prevention



- Establish public education materials focused on increasing awareness
 - Increase community education (parents, youth) on the dangers of the misuse and abuse of prescription drugs
- Increase pain management training on healthcare provider professional training curricula
- Secure increased options for consumer disposal of unwanted medications

Detection



- Establish increased security measures for prescription dispensing,
e.g. require photo identification at point of dispensing
- Appropriately fund and strengthen the capabilities of the State's CURES system
- Consider potential alert system to advise pharmacies of large volume of stolen prescription pads
- Doctor shoppers and misdemeanor penalties

From the Regulators:



**Public protection is our primary
mandate**

Audience Participation



Where do we go from here?